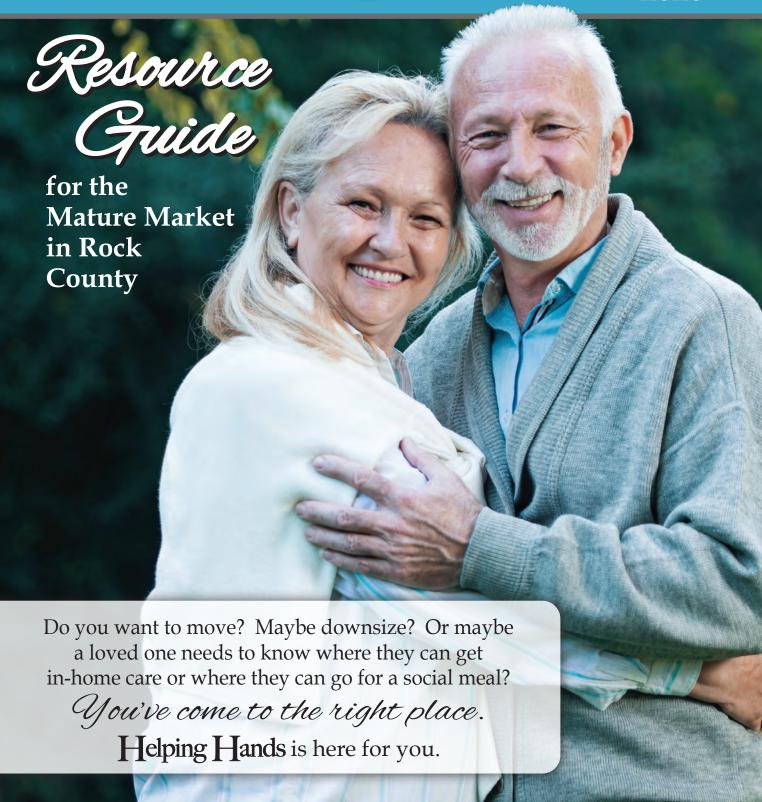
# Helping Hands



# How does your home...

# bring you to life?

Some days, even the smallest task can be a struggle. That's when a helping hand will make all the difference. The community of friends at Oak Park® Place comes with Independence When You Want It, Assistance When You Need It.® So bumps in the road don't become road blocks.

We'll help you every step of the way.

Offering a continuum of care for seniors:

- Assisted Living
- Memory Care
- Rehabilitation Services

Coming Soon: Independent Living

Call 608-530-5700 or email janesvillesales@oakparkplace.com.

Live Life, Live well.



700 Myrtle Way, Janesville, WI 53545 www.OakParkPlace.com/Janesville







# HELPING HANDS TO HELP YOU

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Skilled care within the comfort of your home.



608.363.7421

To help make each moment of remaining life as full and comfortable as possible.



608.365.7222



815.525.4800

Residential Care Apartment Complexes providing warm, dignified personal care and support services..





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My Choice Family Care is a managed care organization committed to a better kind of healthcare for people who need it most—seniors, adults with disabilities, and the family and friends who support them.

We are a team of professional and community-based caregivers working with Wisconsin's Family Care program to deliver completely custom services that put members in charge of their health and independence.

Toll Free 1-877-489-3814

For more information on the Family Care program, call your local ADRC.

www.mychoicefamilycare.org



### I'm Hilary Collins, a licensed sales representative in Southeast Wisconsin.

When it comes to Medicare, one size definitely does not fit all. What works well for your neighbor may not be the best fit for you. And what met your needs last year might not be the best fit this year. Take advantage of this time to explore your Medicare choices so you can enroll in a plan with confidence. I'm here to help. I know the ins and outs of Medicare. And I know how to make it easier for you to understand, as well.

### Go ahead, take advantage.

Hilary Collins
Licensed Sales Representative
920-627-0028, TTY 711
UHCMedicareSolutions.com



Plans are insured through UnitedHealthcare Insurance Company or one of its affiliated companies, a Medicare Advantage organization with a Medicare contract. Enrollment in the plan depends on the plan's contract renewal with Medicare.

Y0066\_190604\_095141\_C SPRJ48530

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Questions: seniorreviewnewspapers@gmail.com 715-831-0325

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### Home and Community-Based Services

		•		
	Village East Apartments	361-9870 365-0333	X X	
· · · · · · · · · · · · · · · · · · ·	,		303-0333	Λ
		Meadow Park Apt.	676-4278	X
· · · · · · · · · · · · · · · · · · ·		Edgerton		
		_	800-346-8581	X
		_		X
				71
		•		X
Huntington Residence Memory Care	868-5035	*	004-0454	Λ
Kelly House	882-4191			
Our House Assisted Living	756-1340	_		X
Our House Memory Care	756-9030	East Mills Creek Apt.	882-5339	
Pioneer Court	365-9451	Kelly House	882-4191	
Sherman Home, The	758-3324	Seminary Park Apt.	882-0595	X
St. Elizabeth Manor	876-4000	South Meadow Apt.	882-4518	X
Sun Valley East	362-8094	Footville		
			r 876-6116	X
•			8/0-0110	Λ
		_		
Wilght Home, The	750 5521	First Senior Housing II	741-2308	
<b>D</b>	(DCAC)	Garden Court	755-1755	X
	` '	Golden Acres Apt.	756-0121	
		Grant Village Apt.	755-1755	X
		Green Forrest Run	754-1886	X
		Hamilton Terrace Apt.	757-2892	X
		Huntington Place	868-5035	
		Oak Park Place	530-5700	
		Parkview Manor Apt.	757-1255	
Swifthaven	884-2828		756-0121	
SENIOR APARTMENT				
Subsidized =X				X
Dalait				
	265 2517			
			,62 5000	
			<b>500 550</b>	
•		*		***
				X
		Parkview Terrace Apt.	868-7022	X
		Orfordville		
<u> </u>		Orfordville Meadows	784-2935	X
Village on Olympian Hill	363-8360			_
	Azura Memory Care (Three Locations Beloit/Clinton/Monroe Cedar Crest Assisted Living Collinwood Elderly Care Cozy Li'l Acre Hawthorne Home Hearthside Heartwarming House Huntington Residence Memory Care Kelly House Our House Assisted Living Our House Memory Care Pioneer Court Sherman Home, The St. Elizabeth Manor Sun Valley East Sun Valley Terrace Sun Valley West Willowick Woods Crossing Wright Home, The  Residential Care Apartment Con Cedar Crest Heights at Evansville Manor Huntington Place Kelly House Asst. Living Apts. Milton Senior Living Riverside Terrace Swifthaven	Cedar Crest Assisted Living       756-0344         Collinwood Elderly Care       879-3084         Cozy Li'l Acre       758-1103         Hawthorne Home       554-3565         Hearthside       757-2275         Heartwarming House       868.3040         Huntington Residence Memory Care       868-5035         Kelly House       882-4191         Our House Assisted Living       756-1340         Our House Memory Care       756-9030         Pioneer Court       365-9451         Sherman Home, The       758-3324         St. Elizabeth Manor       876-4000         Sun Valley East       362-8094         Sun Valley West       365-3737         Sun Valley West       365-7455         Willowick       676-2000         Woods Crossing       897-3031         Wright Home, The       758-3324         RESIDENTIAL CARE APARTMENT COMPLEXES (RCAC)         Cedar Crest       756-0344         Heights at Evansville Manor       882-9995         Huntington Place       868-5035         Kelly House Asst. Living Apts.       882-4191         Milton Senior Living       868-3000         Riverside Terrace       365-7222         Swifthaven <td>Azura Memory Care (Three Locations) Beloit/Clinton/Monroe Cedar Crest Assisted Living Collinwood Elderly Care S79-3084 Cozy Li'l Acre Hawthorne Home Home Hearthside Hearthside Huntington Residence Memory Care Kelly House Our House Assisted Living Our House Assisted Living Our House Assisted Living Sherman Home, The St. Elizabeth Manor Sun Valley East Sun Valley West Willowick Woods Crossing Wright Home, The  RESIDENTIAL CARE APARTMENT Reside Terrace Senior Apart Woodside Terrace S75-275 Headow Park Apt. Clinton Meadow Park Apt. Edgerton Meadows Edgerton Retirement Apts. Edgewood Glen Elm Drive Apt. Edgewood Glen Ewansville Varboville Evansville Varboville Evansville Varboville Seaminary Park Apt. Seminary Park Apt. Seminary Park Apt. Seminary Park Apt. South Meadow Apt. Seminary Park Apt. Seminary Park Apt. South Meadow Park Apt. Codar Crest Apt. Help House Seminary Park Apt. South Meadow Apt. Seminary Park Apt. South Meadow Park Apt. Cdgarton Redgreton Readows Edgerton Meadows Edgerton Edg</td> <td>  Azura Memory Care (Three Locations)   Beloit/Clintnon/Monroe   295-2764   Clinton   Clinton  </td>	Azura Memory Care (Three Locations) Beloit/Clinton/Monroe Cedar Crest Assisted Living Collinwood Elderly Care S79-3084 Cozy Li'l Acre Hawthorne Home Home Hearthside Hearthside Huntington Residence Memory Care Kelly House Our House Assisted Living Our House Assisted Living Our House Assisted Living Sherman Home, The St. Elizabeth Manor Sun Valley East Sun Valley West Willowick Woods Crossing Wright Home, The  RESIDENTIAL CARE APARTMENT Reside Terrace Senior Apart Woodside Terrace S75-275 Headow Park Apt. Clinton Meadow Park Apt. Edgerton Meadows Edgerton Retirement Apts. Edgewood Glen Elm Drive Apt. Edgewood Glen Ewansville Varboville Evansville Varboville Evansville Varboville Seaminary Park Apt. Seminary Park Apt. Seminary Park Apt. Seminary Park Apt. South Meadow Apt. Seminary Park Apt. Seminary Park Apt. South Meadow Park Apt. Codar Crest Apt. Help House Seminary Park Apt. South Meadow Apt. Seminary Park Apt. South Meadow Park Apt. Cdgarton Redgreton Readows Edgerton Meadows Edgerton Edg	Azura Memory Care (Three Locations)   Beloit/Clintnon/Monroe   295-2764   Clinton   Clinton

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# MEDICAL HOME HEALTH CARE (IN HOME) SSM Health at Home 800-924-2273

Stoughton Hospital Home Health

Home Health Care Hotline		Onto
		Home
(State of WI)	800-642-6552	MCFI 1
Accura Home Health	676-2337	Visiting
At-Home Healthcare	363-5885	
Mercyhealth at Home	754-2201	
RecoverHealth	531-8880	SSM H
Senior Services Plus Health Care	757-5940	Homeo
Society's Assets	800-261-8181	Medi
COLUMN 1.1 TT	000 004 0050	

873-2366

Non-Medical Supportive	HOME CARE AGENCY
All Heart Home Care	352-7700
Almost Family	755-0592
AparaCare	622-6200
Aspire Generation Liberty	877-711-2882
Alternative Home Care, Inc.	758-3324
BrightStar	314-8501
Comfort Keepers	815-229-9100
Beloit Home Companion Regist	ry 856-0153
Eternity HomeCare	251-2273

Gift of the Heart Homecare	436-1726
Home Instead Senior Care	314-9241
MCFI Home Care	215-1915
Visiting Angels	877-276-7039

### HOME MEDICAL EQUIPMENT

800-924-2273
608-362-1234

### LIVE-IN CAREGIVERS AND COMPANIONS

BrightStar	314-8501
Good People	800-608-8003

### HOSPICE CARE

Agrace HospiceCare	755-1871
Beloit Regional Hospice	363-7421
Heartland Hospice Services	866-216-5708
Mercyhealth Hospice Care	754-2201
Rainbow Hospice	920-674-6255
Southern Care Hospice	866-419-2773
SSM Hospice	877-356-4514

# Can't Hear on the Phone?

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The CapTel® Captioned Telephone shows word-for-word captions of everything a caller says, letting you read anything you cannot hear over the phone. CapTel is a NO-COST, federally funded technology available under the Americans with Disabilities Act.

#### To qualify, users need:

- Hearing loss
- Internet connection
- · Landline telephone service

Tom Slattery, your local Outreach Educator, works within your community to help anybody who needs this phone gain access to the program.

Tom Slattery, 262-409-9370 tom.slattery@oeius.org

# SENIOR HOMECARE By Angels

### We Care Every Day, In Every Way

Bathing Assistance • Dressing Assistance • Grooming
Assistance with Walking • Medication Reminders • Errands
Shopping • Light Housekeeping • Meal Preparation
Friendly Companionship • Flexible Hourly Care
Respite Care for Families • Live-In Care





Independent Living for Seniors

55 Years and Older



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608-362-1020 | rockbayharborsenior.com

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starting at
\$645
2 bedroom

starting at

\$76<mark>0</mark>

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Modern Apartments | Secured Building
Donuts and Coffee 6 Days a Week (No Holidays)

Cards, Bingo, Pot Luck, Domino's, Parties & Much More

Across from Beloit Clinic and minutes from Janesville!

Mon-Fri, 9-12pm and 12:30-4pm; Sat and Sun by Appointment





# Home Delivered Meals

Home delivered meals is a service that brings hot, nutritionally balanced meals to homebound seniors and their caregivers, age sixty and older. Meals are available Monday – Friday and on weekends in some areas. Home delivered meals are available throughout the county.

### For eligibility, please contact:

•	Beloit Meals On Wheels	362-3683
•	Edgerton Care Center	884-1675
•	Mercyhealth System	756-6077
•	Rock County Council on Aging	757-5474

# Chores & Housekeeping

The following agencies provide an array of in-home services such as laundry, light house-keeping, meal preparation, and transportation.

•	Almost Family	755-0592
---	---------------	----------

•	Home	Instead	Senior	Care	314-9241
---	------	---------	--------	------	----------

Mercyhealth Assisted Care 754-2201

• Stoughton Hospital Home Health 873-6611

# Assistive Services and/or Equipment

Emergency Response Systems (Lifeline – Alert Line)
Janesville 756-6784; Beloit 364-5480;
Stoughton 873-2372;
SSM Health at Home 855-332-6882

A Place for Mom, Inc.	287-8090	
Beloit Health System Medicare Advisor	364-5583	
Central Lutheran Church Edgerton		
Loan Closet	884-9418	

Cornerstone of HOPE	754-1228
First Lutheran Equipment Loan Closet	752-7434
Harmony Hill Mods (Occ. Therapy)	843-7696
Home Safety Assessment-Mercyhealth	755-7998
Library-Homebound Book Delivery	868-2872
Mercyhealth - Senior Connections	741-3810
Rock County Cancer Coalition	754-2286
Senior Lifestyle Concierge	289-5038
Seventh Day Baptist Loan Closet	868-2741
SSM Health at Home	800-900-8040
VFW Post 1621 Janesville Loan Closet	754-4342
Wheelchair Recycling Program	608-243-1785
WI Talking Book/ Braille Library	800-242-8822

# Alzheimer's Resources

_	
Alzheimer's Association (24/7 Helpline)	800-272-3900
Alzheimer's Association S Central WI	203-8500
Alzheimer's & Dementia Alliance of WI	888-308-6251
Alzheimer's Family Caregiver Support (AFCSP)	758-8455
Dementia Care Specialist Rock County	741-3615
Janesville Geriatric Assessment Center	755-7960
StateLine Area Memory Clinic (SAM-C)	364-1288
Project Lifesaver-Tracking System/Bracelet	373-3880
Stoughton Hosp. Geriatric Psychiatry Impatient Pgr	rm 873-2242



# Mursing Homes

• Alden Meadow Park H.C.C.	676-2202
• Autumn Lakes Rehab & Skilled Nursing	365-9526
• Beloit Health & Rehab	365-2554
• Cedar Crest/Cedar View Health Center	756-0344
• Evansville Manor	882-5700
• Edgerton Care Center	884-1617
• Edgerton Hospital (Swing Bed Program)	884-1490
• Green Knolls Beloit	365-2554
• Mercyhealth Transitional Care Center	756-6050
Oak Park Place Janesville	530-5700
• Rock Haven Nursing Home	757-5028
• St. Elizabeth's Nursing Home	752-6709
• Stoughton Hospital Inpatient Rehabilitative Care	873-6611
• Woods Crossing at Woods Point	897-3031

# Senior Centers

BELOIT: Grinnell Hall	364-2875
CLINTON: Am. Legion Hall	676-4600
EDGERTON: Senior Center	884-0161
EVANSVILLE: Creekside Place	882-0407
JANESVILLE: Senior Center	755-3040
MILTON: The Gathering Place	868-3500



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Your **local** partner through every stage of the dementia journey.

For assistance contact, Teena Monk-Gerber

Dementia Outreach Specialist

Serving Rock County and Green County

608.313.3335

Visit alzwic.org for learn more.



# Meals and Mutrition

Congregate meals are meal sites available in most communities that provide an opportunity for seniors (over age sixty and county residents) to enjoy a hot meal in a warm family-like atmosphere. A donation for each meal is suggested.

### **Golden Diners Dining Centers**

(Call 757-5474 one day ahead for reservation.) Reservations are required. To reserve a meal or cancel a meal, call no later than noon of the prior business day.

<u>Janesville</u> - Riverview Heights Apartments 930 N Washington Street | Meals served at 11:30 a.m.

### **Beloit** - Grinnell Hall

631 Bluff Street | Meals served at 11:45 a.m.

#### **Evansville - Creekside Place**

102 Maple | Meals served at 11:45 a.m. Tuesdays & Thursdays; Transportation available

### **Milton** - The Gathering Place

715 Campus Lane | Meals served at noon Transportation available

#### **Clinton** - Clinton Senior Center

508 Front Street | Meals served at noon



# Adult Day Care

Consists of daytime care for functionally impaired elderly persons. It is provided through a structured program of social and rehabilitative and/or maintenance services in a supportive group setting outside the client's home. The fees for adult day services vary, generally between \$45 to \$60 per day, with additional fees for transportation.

Adult day care and hourly respite are available through the following agencies:

### **KANDU Adult Day Care**

1741 Adel St., Janesville, WI 53546 755-4123

Meals, recreational activities, personal care, bathing, and community involvement. Operates Monday through Friday. www.kanduindustries.com



An Individualized, Activities-Based Day Program for Seniors with Memory Impairments.



WWW.KANDUINDUSTRIES.COM

608.755.4123



# Hillcrest Apartments

2200 Burton Street - Beloit

Beautiful 1 & 2 bedroom apartments for seniors 55 & better.



# Benefit Specialist

Elder Benefit Specialist (Age sixty and over)

• Residents of Rock County 757-5414

Disability Benefit Specialists

(Age fifty-nine & under) 741-3600

Caregiver Resources

Caregiver Resources and

Crisis Line (24/7)

Respite Program 758-8455

Eldercare Locator (National) 800-677-1116

Veterans Family/Caregiver

Wisconsin Family Caregiver

Support 866-843-9810

800-273-8255



# Did she forget to take her pills? Should she be living alone?

If you are worried about a loved one due to memory loss, call Azura today. Join us for a cup of coffee, a caring conversation, and a personalized visit.



TRANSFORMING THE Culture OF MEMORY CARE

azuramemory.com • Call 608-295-2764 today. 2086 Colony Court, Beloit • 805 Sue Lane, Clinton

MOSAIC CERTIF

Rehab and Nursing Homes	Total Beds	Medicare	Medicaid	Daily Cost Range	Respite Care	Hospice Contract	Respiratory Care	IV Therapy	Therapy Services	Memory Care
Fairhaven Senior Services 262-473-2140	82	Yes	Yes	\$302- \$350	Yes	Available	Yes	Yes	Yes	Yes
Oak Park Place Janesville 608-530-5700	35	Yes	No	Call	Yes	Yes	Yes	Yes	Yes	No

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### Swifthaven residents start with the essentials of home: Privacy, Freedom, and Comfort.

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1 Bedroom with Den: \$3,450

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# **Huntington Place**

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608-868-5035

www.huntington-place.com

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Independent Living | Assisted Living | Bridges to Rediscovery/Memory Care



# Meadow Park Apartment

1 bedroom apartment. 30% of income for rent. Includes all appliances and all utilities. On site laundry.

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703 Meadow Park Drive Clinton, WI

### **LONG TERM CARE**

### **COSTS, CAREGIVING AND CHOICES**

Most people over 65 will need some kind of medical and/or personal care for months or years because of a health issue or the natural decline of eyesight, hearing, strength, balance & mobility that comes with aging.

Approximately 70%

of people turning age 65 can expect to use some form of long-term care during their lives.

Approximately

69%

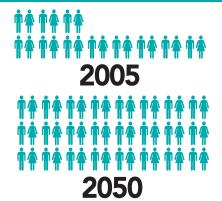
of people age 90 or more have a disability.

**\$417,900** is the approximate average cost

**5** Years

in a private room in a Skilled Nursing Facility

The nation's elderly population - people ages 65 and older - is projected to grow to 18 million in 2050, from 37 million in 2005.



59% of people require at least one year of at-home care.

Women require almost 2 times the long-term care that men require

Someone who is 65 today will need some type of long-term care service for 3 yrs.

Source: longtermcare.gov; pewsocialtrends.org/files/2010/10/85.pdf

# Looking for a new place to call home?

Affordable apartments for rent Scoville Center | 545 Public Ave, Beloit







### AFFORDABLE RENT IS BASED ON INCOME

Handicap accessible apartment available. For adults 62+ &/or persons with a disability.

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  - Cabinets & Countertops
- Cut Away Showers/Raised Toilets
  - Air Conditioning
  - Laundry Facility
    - •Beauty Salon
  - Craft Area/Library
  - Outdoor Pavillion
  - Service Coordinator On-Site
- •24 Hour Emergency Maintenance
- Convenient Location on Bus Line

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Independent Senior Living	Subsidized	Public or Private Transportation	Pets Allowed	Beauty/ Barber Shop	Dining Facilities	Elevator to All Floors	Storage	Entertainment	Parking/Garage	Religious Services	Laundry
Cedar Crest 608-756-0344	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Fairhaven Senior Services 262-473-2140	No		Small Pets Considered		Yes	Yes	Yes	Yes	Yes	Yes	Yes
Huntington Place 608-868-5035	No	Yes	Small	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes
Janesville Garden Court 608-755-1755	Yes	Public	Yes	No	Yes	Yes	No	Yes	Yes	Yes	Yes
Oak Park Place 608-530-5700	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Riverview Heights Apartments 608-752-5999	Yes	Public	Yes	Yes	Yes	Yes	No	Yes	Yes	Yes	Yes
Rock Bay Harbor 608-362-1020	Yes	Public	Cats	No	No	Yes	Yes	Yes	Yes	Yes	Yes
Scoville Center Apartments 608-362-4900	Yes	Public	Yes	Yes	No	Yes	No	Yes	Yes	No	Yes
Wesley Park Senior Apts. 608-758-3737	No	No	Small	No	No	Yes	No	Yes	Yes	No	Yes

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### The Heartwarming House Senior Assisted Living

A Home Away From Home providing a caring environment for seniors.

Private Rooms - Home Cooked Meals - Activities Housekeeping - Laundry - Salon Respite Care - Medication Management Free Consultation

Douglas Hearn Administrator 238 E. Madison Ave. Milton, WI 53563 608-868-3040

www.theheartwarminghouse.com

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Our professional care teams, each led by a Registered Nurse, deliver expert, compassionate, and personal care.



- BrightStar! Serving people of all ages in Rock County for over 10
- BrightStar! A reputation that provides our families with Peace of Mind.
- BrightStar! Care by Certified Nursing Assistants supervised by a Registered Nurse.

• BrightStar! Accredited by the Joint Commission.

OFFICE IN DOWNTOWN JANESVILLE | 20 S. MAIN STREET - SUITE #13



608-314-8501 A Higher Standard

Accredited by the Joint Commission Bonded and Insured

### BRIGHTSTARCARE.COM

Ask about our BrightStar Dementia Connections Progam!



### HEIGHTS APARTMENTS

**Apartment homes designed for seniors 62+** or Younger Disabled Persons!

**Rent Based on 30% Adjusted Gross Income Heat Included** 

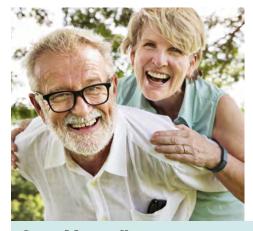
> **Updated Apartments Fun Social Activities Service Coordinator Noon Meals**

**Small Pet Welcome Close to Clinics & Hospital Front Door Bus Service Beautiful Outdoor Patio Area** 

(608) 752-5999

930 N. Washington St., Janesville www.homzmanagement.com





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Our prepaid benefits card comes with a monthly allowance of \$120 a month (\$1,440 a year). It also gives you more flexibility, value and convenience.



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Call now to speak with a licensed Medicare Benefits Consultant!

1-800-777-4376 (TTY: 711)

Independent Care Health Plan (iCare), which insures iCare Medicare Plan (HMO D-SNP), is an HMO with a Medicare contract and a contract with the State Medicaid program. Enrollment in iCare Medicare Plan depends on ¿Care's contract renewal. Questions? Call 1-800-777-4376 (TTY: 711) for more information. Independent Care Health Plan complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, gender identity, or sex. ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-777-4376 (TTY: 1-800-947-3529). LUS CEEV: Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau 1-800-777-4376 (TTY: 1-800-947-3529). H2237\_IC2364\_M 12/20/2019

Hospice Care	Medicare Accepted	Medicaid Accepted	Private Pay Accepted	Private Insur- ance Accepted	Spiritual Care	Family Meetings	Coordination of Care	Respite Care	Bereavement Care	In-Home Care	Pain Management
Agrace Hospice and Palliative Care 1-800-553-4289	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Beloit Regional Hospice 608-363-7421	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
SSM Health at Home 877-356-4514	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Mercyhealth Hospice 608-754-2201	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes

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### Typical Age-related Memory Loss and Other Changes Compared to Alzheimer's

We all wonder when we forget, is this normal or do I have Alzheimer's? Below is a chart that may help define when to look for help.

### Signs of Alzheimer's

Poor judgment and decision making

Inability to manage a budget

Losing track of the date or the season

Difficulty having a conversation

Misplacing things and being unable to retrace steps to find them

### **Typical Age-Related Changes**

Making a bad decision once in a while

Missing a monthly payment

Forgetting which day it is and remembering later

Sometimes forgetting which word to use

Losing things from time to time

If you feel that your memory loss is concerning to you, the Alzheimer's Support Center offers free memory screenings. To set up your confidential memory screening, contact the Alzheimer's Support Center at 314-8500.

 $Information\ from \underline{www.alz.org}$ 

### **Independent Senior Living at its Best**

- Beautiful 1 bedroom and 2 bedroom apartments from 652 sq. ft. to 1042 sq. ft.
- Heat, water and sewer included in your rent
- Heated underground parking
- Laundry hookups in every apartment & laundry facilities on every floor
- Restaurant, store, church, gas station and grocery close by
- Restricted access building with beautiful community room.
- Planned trips to Candy Factories, Cheese Chalets, and Casinos





# **Wesley Park Senior Apartments**

Where you live life to the fullest!

2001 Wesley Ave | Janesville | 608-758-3737

# Transportation Services

Access Medical Transit	214-5047
Beloit Transit	364-2870
Clinton Sr. Center Van (Clinton Only)	676-4600
Disabled Veterans Transportation Network	301-7137
Edgerton Taxi (Edgerton Area only)	884-9847
Evansville Senior Shuttle (Evansville Only)	882-0407
Janesville Transit System	755-3150
Lavigne Bus Co.	920-563-1515
MTM Inc. (Medicaid Transportation Appointments)	866-907-1493
MTM Inc. (WeCare Complaint Line)	866-436-0457
MTM Inc. (Where's My Ride?)	866-907-1494
Rock County Transit	757-5054
RSVP Seniors Volunteering for Seniors	362-9593
You Buy We Fly	363-3939









### SSM Health at Home

Trusted care that travels from our home to yours.



From home care after an injury or surgery - to medical equipment deliveries and hospice, SSM Health at Home can provide patients the comprehensive care they need to remain at home.

To learn more about how we can be there for you **800-924-2273** or **ssmhealthathomeWl.com** 

# Health (Services

(Health Dervices	$\mathcal{L}$	National Association of Mental Illness	800-236-2988
		Parkinson Disease Association (APDA)	345-7938
PalliaHealth by Agrace	800-930-2770	Rock County Cancer Coalition	754-2286
Beloit Area Community Health Center	361-0311	Rock County Health Dept.	
Beloit/Janesville Counseling Center	757-5229	(Flu Shots) 757-	5442 / 364-2010
Beloit Health System Medicare Advisor	364-5583	Ruth's Foot Care Service	676-5523
Dean on Call (24 Hr Nurse Call Center)	800-576-8773	Stoughton Hospital Geriatric Psychiatry	/
Epilepsy Foundation Heart of WI	755-1821	Inpatient Program	873-2242
HealthNet of Rock County	756-4638	Traveling Nails	
Janesville Community Health Center		(In Home Hand/Foot/Nail Care)	295-0830
(Mercy South)	758-7814	Veterans Clinic (VA) – Janesville	758-9300
Mercyhealth	888-39-Mercy	Wisconsin Well Women Program	242-6392
Mobile Laboratory Services BrightStar	314-8501	Wisconsin Tobacco Quit Line	800-784-8669

Home Care	Medicare Accepted	Medicaid Accepted	Private Pay Accepted	Long-Term Care Ins.	VA Payments	State Licensed	Wound Care	Home Modification	Home IV Care	Wound V.A.C.	Injection Care	Blood Draws	Private Duty	Durable Med. Supplies	No Age Limitation	Occupational Therapy	Physical Therapy	Speech Therapy	Respiratory Therapy
Aspire Generation Liberty 608-490-0381	No	No	Yes	Yes	Yes	No	No	No	No	No	No	No	Yes	No	Yes	No	No	No	No
At Home Healthcare 608-363-5885	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes	Yes	Yes	No	No	Yes	Yes	Yes	Yes	No
BrightStar Care 608-314-8501	No	No	Yes	Yes	Yes	No	Yes	No	No	No	No	Yes	Yes	No	No	No	No	No	No
Home Instead Senior Care 608-856-0153	No	No	Yes	Yes	Yes	No	No	No	No	No	No	No	Non- Med.	No	No	No	No	No	No
Mercyhealth at Home 608-754-2201	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes	Yes	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes
SSM Health at Home 800-924-2273 or 608-242-1516	Yes	Yes	Yes	No	Yes	Yes	Yes	No	Yes	Yes	Yes	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes
Visiting Angels 608-756-4100	No	No	Yes	Yes	No	No	No	No	No	No	No	No	Non- Med	No	No	No	No	No	No

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Assisted Living	AFH, RCAC, CBRF	Monthly Cost Range	Subsidized	Private Units	Scheduled Transportation	Alzheimer's Care	Respite Care	Call System	Diabetes Mgmt.	Rehab Services	Meals	24/7 On-Site Care	Nurse On-Site
Azura Memory Care Beloit & Clinton 608-295-2764	CBRF	\$1,600 -\$6,500	No	Yes	Assist With	Yes	Yes	No	Yes	Yes	Yes	Yes	Yes
Beloit Senior Living 608-312-2370	RCAC	\$4,000 -\$6,000	LTC/ VA	Yes	Yes	Early Stage	Yes	Yes	Yes	No	Yes	Yes	Yes
Fairhaven Senior Services 262-473-2140	CBRF	\$3,330 -\$4,380	N/A	24	Yes Free	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Huntington Place 608-868-5035	RCAC CBRF	\$2,600 -\$5,800	CBRF Only	Yes	Yes	Yes	Yes	RCAC Only	Yes	Yes	Yes	Yes	Yes
KANDU Industries, Inc. 608-755-4123	Adult ay Care	<b>?</b>	No	No	No	Yes	Yes	No	Admin. Insulin	No	Yes	No	On Call
Milton Senior Living 608-868-3000	RCAC	\$3,700 -\$5,700	LTC/ VA	Yes	Yes	Early Stage	Yes	Yes	Yes	No	Yes	Yes	On Call
NorthPointe Terrace 815-525-4800	AFH	\$3,900 -\$5,600	No	Yes	Yes	Yes	When Available	Yes	No	Yes	Yes	Yes	Yes
Oak Park Place Janesville 608-530-5700	RCAC CBRF	Call	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Riverside Terrace 608-365-7222	RCAC	\$3,900 -\$5,600	No	Yes	Yes	Yes	When Available	Yes	Yes	Yes	Yes	Yes	Yes
Swifthaven 608-884-2828	RCAC	\$3,250 -\$3,550	VA/ LTC Ins.	Yes	No	Early Stage	No	Yes	Yes	Yes	Yes	Yes	Yes

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### **Toll-free Helpline:** 888-818-2611

Fax: 866-813-0974 | Email: smp-wi@gwaar.org

gwaar.org/senior-medicare-patrol

f WisconsinSeniorMedicarePatrol

Senior Medicare Patrols (SMPs) empower and assist Medicare beneficiaries, their families, and caregivers to prevent, detect, and report health care fraud, errors, and abuse through outreach, counseling, and education.

SMPs are grant-funded projects of the federal U.S. Department of Health and Human Services (HHS), U.S. Administration for Community Living (ACL).

> How SM Thrives Volunteer Support

- Distribute Information & Materials
- Give Presentations Staff a Table at Events & Fairs

Join the SMP program as a volunteer!

Call us or visit our website to sign-up for our quarterly newsletter, periodic fraud alerts, and to learn about volunteer opportunities

Call us with questions about billing errors, scams and medical identify theft









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With the most advanced technology, our team has decades of experience caring for all matters of the heart. From preventive care to complex procedures that keep your heart beating strong, the very best heart care is closer than ever with Mercyhealth.

For more information, visit mercyhealthsytem.org or call (888) 39-MERCY.

