

# Helping Hands

2019

## *Resource Guide*

for the Mature  
Market in the  
Chippewa  
Valley

Do you want to move? Maybe downsize?  
Or maybe a loved one needs to know  
where they can get in-home care or where  
they can go for a social meal?

*You've come to the right place.*

**Helping Hands** is here for you.

# The Classic SAVVY SENIORS Series

An informational series focused on enhancing the quality of life for seniors.



Independent Living | Assisted Living | Memory Care

## WEDNESDAY, FEBRUARY 6

### **HAPPINESS: What Does It Take? Your Ingredients Await!**

*Tom Kidd, Balanced Wellness Services*

A sharing of secrets from people who are experiencing true happiness will help you find some possible strategies to assist in your happiness. "Grateful living" will be one of those strategies that can be infused in your life to begin that happiness acquisition. Participants will be given many ways to say "yes" to happiness.

## WEDNESDAY, MARCH 6

### **Write Your Obituary: You Get The Last Word**

*CeCelia Zorn & Mary Heimstead*

How might you have your last say? In an obituary, that is. Learn how to write a narrative that includes necessary information but is also personal, concise, and memorable. This relaxed class will include: specific parts of an obituary, common characteristics, and media considerations. Come prepared to remember, ask questions, and have fun!

## WEDNESDAY, APRIL 3

### **The MIND Diet for Better Brain Health**

*Amanda Schmidt, RDN, CD, MS—UW-Stout*

It's no secret that what we eat and drink also impacts the health of our brain and heart. The MIND (Mediterranean-DASH Intervention for Neurodegenerative Delay) diet is designed to promote a healthy mind and lower the risk of Alzheimer's disease. It is a mash-up of the Mediterranean diet and DASH diet—two diets that have been found to bring about several health benefits.

## WEDNESDAY, MAY 1

### **Understanding Power of Attorney...What's It All About?**

*Mary Beth Gardner, Attorney at Law*

Older adults are more susceptible to age-related conditions that may inhibit their ability to make important financial decisions. Learn how a power of attorney (POA) can assist in ensuring your financial security down the road.

## WEDNESDAY, JUNE 5

### **The "Farm to Table" Dream Becomes a Reality**

*Suzy Sivertson, Haaken Hill Farm-Eau Claire County*

At Haaken Hill Farm, the culture is one of having a positive impact on our environment and surrounding ecosystems. Learn about how the Chippewa Valley is undergoing a culture change with regard to food production and consumption to create a healthier community.

## WEDNESDAY, JULY 10

### **Reading is Fun—Learning from Children's Books**

*Moir Kneer, Retired Hospital Chaplain, Local Author*

Most of us recall reading to our children or grandchildren. We chose books that taught values, inspired imagination, and entertained. From nursery rhymes to fairy tales to popular children's characters, all are meant to inspire children to read and learn. It is amazing that the wisdom is just as valid for us as grown-ups! This presentation is a delightful defense against aging, using children's books by well-known authors.

## WEDNESDAY, AUGUST 7

### **Retirement & Financial Planning**

*Oua Xiong, Thrivent Financial*

Now that you are retired, are you fully aware of the different types of assets you have, what the rules are for each of those assets, and how they will transfer to any named beneficiaries? Oua will talk about tax efficiency concepts to help attendees determine if a tax advisor is needed for their estate. Oua will also discuss charitable giving concepts for those wishing to increase gifting to church, charity, or family.

## WEDNESDAY, SEPTEMBER 4

### **Understanding Medicare**

*Fred Crosby, Sales Manager—Humana*

In this session, you will gain a foundational understanding of Medicare by hearing about the various Parts A, B, C, & D. In addition, learn more about how a Medicare supplement works and what Medicare Advantage Plans do. Fred will also talk about how coverage through the VA works and how Senior Care and the State Pharmaceutical Assistance Plan can be used as tools for medical coverage.

## WEDNESDAY, OCTOBER 2

### **Better Hearing, Better Living**

*Shawna Lee, Doctor of Audiology, Prevea Health*

Did you know heart disease, diabetes, and certain medications can increase the risk of hearing loss? Shawna will present strategies people can use to improve their hearing and understanding — with or without hearing aids. She will also discuss common myths and truths about hearing loss and current best-practice methods for getting the most out of hearing instruments.

## WEDNESDAY, NOVEMBER 6

### **Estate Planning for Seniors**

*Lisa Hirshman, Attorney-at-Law*

Estate planning is a very important concern for all individuals, but especially for seniors. Lisa will touch on wills, trusts, end-of-life organization, as well as probate, basic real estate transfers and financial planning.

**All presentations are FREE and held at The Classic at Hillcrest Greens, 2455 Sawgrass Place, Altoona • 3:45—5 p.m.**

**Registration is required, please call 715-839-0200.**

**Each session includes light refreshments and door prize drawings.**



NEW



Memory Care

The Next Best  
Place to Home<sup>SM</sup>

NEW



VIRTUAL TOUR



BeeHiveHomes.com



5075 Stonewood Drive • 715.874.HIVE

(North Crossing/Hwy. 312 to Mill Run, Left on Stonewood)



## *Caring for* the Older Adult

With aging comes new challenges, and that's why it's important to take care of yourself. Prevea Health has experienced medical teams who are dedicated to helping you maximize your overall health, function and independence.

### SERVICES

- Yearly physicals
- Medication management
- Diagnosis and management of chronic diseases
- Hearing and balance testing
- Real-Ear hearing aid fittings
- Affordable hearing aid options
- Urinary incontinence
- Pain management
- Care and education for frequent falls
- Comprehensive assessment, diagnosis and management of dementias and memory loss, including Alzheimer's disease
- Geriatric care including nursing home, hospice and home visits
- Support for caregivers

Prevention and early diagnosis are important.  
To get started, call (715) 839-5175.



**PREVEA.COM**



# Contents

Questions:  
[seniorreviewnewspapers@gmail.com](mailto:seniorreviewnewspapers@gmail.com)  
715-831-0325

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The Helping Hands Guide does its best to put together the most accurate information for these listings. Because business services change and prices vary throughout the year, we recommend that you call any business you are interested in getting information from before making any decisions. We tried our best to gather all of the information from each company and to the best of our ability is up-to-date as of February 2019.

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# Independent Senior Living

**\*\* Chippewa County**

	<i>Subsidized</i>	<i>Public or Private Transportation</i>	<i>Pets Allowed</i>	<i>Beauty/ Barber Shop</i>	<i>Dining Facilities</i>	<i>Elevator to All Floors</i>	<i>Storage</i>	<i>Entertainment</i>	<i>Parking/Garage</i>	<i>Religious Services</i>	<i>Laundry</i>
<b>Briarwood Cottages</b> 715-831-2128	No	N/A	Yes	No	No	N/A	Yes	Yes	Yes	No	Yes
<b>Bridgewater Apartments**</b> 715-834-3411	Yes	Public	No	No	No	No	Yes	No	Yes	No	Coin
<b>Chippewa Manor Residential Living</b> 715-723-4437**	No	Both	Inquire	Yes	Yes	Yes	No	Yes	Yes	Yes	Yes
<b>The Classic at Hillcrest Greens</b> 715-839-0200	No	Inquire	With Deposit	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
<b>Colony Park East</b> 715-834-3411	Yes	Public	No	No	No	No	Yes	No	Yes	No	Hook Up
<b>Colony Park West</b> 715-834-3411	Yes	Public	No	No	No	No	Yes	No	Yes	No	Coin
<b>Good Shepherd Senior Apartments</b> 715-834-3587	No	Public	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
<b>Luther Lakeside</b> 715-834-3411	Yes	Public	No	No	No	Yes	No	No	Yes	No	Coin
<b>Meadows at Otter Creek</b> 715-831-1068	Yes	Both	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes	Coin
<b>Owen Rust Apartments</b> 715-839-8602	Yes	Both	Yes	No	Yes	Yes	No	No	Yes	No	Yes
<b>Park Tower Apartments</b> 715-839-8602	Yes	Both	Yes	Yes	Yes	Yes	No	No	Yes	No	Yes
<b>Romeis Millstream</b> 715-723-7552	Yes	Public	Yes	Yes	No	Yes	No	Tenant Generated	Yes	Tenant Generated	Yes
<b>St. John's Apartments</b> 715-834-6302	Yes	Public	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
<b>St. Francis Apartments</b> 715-834-1338	No	Public	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes

The Helping Hands Guide does it's best to put together the most accurate information for these listings. Because business services change and prices vary throughout the year, we recommend that you call any business you are interested in getting information from before making any decisions. We tried our best to gather all of the information from each company and to the best of our ability is up-to-date as of February 2019.





Conveniently located near  
Chippewa Commons off HWY 124  
**Set up a showing today!**  
**715-726-9664**

Upscale 1 & 2 Bedroom  
Apartments for Adults 55+  
*A Neighborhood under one roof!*

Some Income Limits Apply  
Housing Vouchers Accepted

## HOMESTEAD VILLAGE SENIOR APARTMENTS

320 E. Colome Street, Chippewa Falls, WI 54729

- Heat, hot water, water, sewer & trash included in rent
- Fully equipped kitchens with pantry
- Generous closets & storage areas
- Exercise/computer room/library
- Cathedral ceilings/ceiling fans
- Laundry room on each floor, with 28 units having own laundry
- Elevator service
- Heated underground parking available
- Controlled access entry system
- Guest suite
- Small pets welcome
- Social activities
- Two community rooms, one featuring a big screen TV & full kitchen
- Garden spaces
- Beauty salon



*Your home away  
from home*

- Physical, occupational, and speech therapy seven days a week
- Group outings, family functions, and one-on-one support
- Concierge services



Each resident is assigned a contact staff person through our **"Guardian Angel"** program to promote open communication and reassurance that our residents' needs are being met.



**oakwoodhealthservices.com**

2512 New Pine Dr | Altoona | **715-833-0400**



**WE TAILOR OUR PHARMACY SERVICES  
TO MEET YOUR NEEDS**

- 24/7 on-call coverage including holidays
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- State approved training available for staff

LTCRx is independently owned and operated.  
You customize us, to meet the medication needs of  
your residents and facility while offering  
friendly, personalized customer service.

**13 E. SPRUCE STREET - CHIPPEWA FALLS**  
**715.861.4422**

Enhanced and Expanded Care Opening Spring 2019 - 4803 Bullis Farm Rd, Eau Claire

# AZURA<sup>®</sup>

## MEMORY CARE

**Did she forget to take her pills?  
Should she be living alone?**

If you are worried about a loved one due to memory loss, call Azura today. Join us for a cup of coffee, a caring conversation, and a personalized visit.



TRANSFORMING THE *Culture* OF MEMORY CARE

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## Choosing Self-Direction in Long-Term Care?

**CHOOSE** **tmg**<sup>®</sup>  
Let's clear the path ahead.

[tmgwisconsin.com](http://tmgwisconsin.com)



Local. Experienced. Resourceful.



Independent,  
Assisted Living  
Apartments &  
Memory Care



- Studio, 1 & 2 bedroom apartments
- Attractive common areas
- Daily life enrichment activities
- Three daily home cooked meals
- Medication management
- Personal care assistance
- Housekeeping service
- Laundry & linen service
- Assistance with transportation arrangement



The HOMEPLACE of Stanley  
225 E. 4th Avenue • Stanley  
715-429-1007  
[thehomeplaceof.com](http://thehomeplaceof.com)



# CHIPPEWA VALLEY Assisted Living Association

## helping you find assisted living

IN THE CHIPPEWA VALLEY & SURROUNDING AREA

Learn about the **different types** of assisted living communities, and view **current openings**—all on one website:

[ChippewaValleyAssistedLiving.com](http://ChippewaValleyAssistedLiving.com)

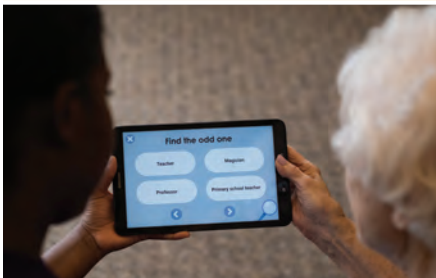


## *The care you need paired with all the comforts of home.*

Heritage Senior Living pairs a **homelike atmosphere** and **unique amenities** with a **multidisciplinary staff** and **unparalleled care**.

- ✓ *Full-time nursing staff*
- ✓ *Personalized care plans*
- ✓ *Coordinated activities and outings*

- ✓ *Alternative therapies*
- ✓ *Intergenerational events*
- ✓ *Nutritional restaurant-style meal program*



[www.heritagesenior.com](http://www.heritagesenior.com)

**Memory Care**  
3515 E. Hamilton Ave.  
715-831-8200

**Assisted Living**  
3706 Damon St.  
715-831-9118

**HERITAGE  
SENIOR LIVING**  
*Assisted Living and Memory Care Communities*

# Directory

# Eau Claire County

## \* Senior Centers

### **Augusta Senior Center**

Augusta 715-286-2953  
augustawi.com/community-center

### **Hmong Senior Center**

Eau Claire  
715-514-3491

### **LE Phillips Senior Center**

Eau Claire  
715-839-4909  
lephillipsseniorcenter.com

## \* Adult Day Care

### **Augusta Health & Rehab**

715-286-2266  
augustaareahome.com

### **Aurora Eau Claire**

715-831-0467  
wisconsin.auroraservices.com

### **Grace Adult Day Care**

Altoona  
715-832-8811  
Graceluthfound.org

### **Hmong Senior Center**

Eau Claire  
715-514-3491

## \* Food Pantries/Nutrition

### **Altoona Mobile**

#### **Food Pantry**

Altoona  
715-225-0783

### **Augusta Food Pantry**

Augusta  
715-286-2007

### **Bag Ladies Grocery**

#### **Delivery**

Eau Claire  
715-836-9100

### **Catholic Charities**

Eau Claire  
715-832-6644  
cclse.org

### **Christ Temple Food Pantry**

Eau Claire  
715-523-0670

### **Fairchild Food Pantry**

Fairchild  
715-334-3583

### **Fall Creek**

#### **Comm. Cupboard**

Faith Evangelical Free  
Church  
715-877-2330

### **Food Share -Eau Claire Co.**

Human Services  
715-839-2300  
co.eau-claire.wi.us/DHS

### **Hmong Mutual**

#### **Assistance**

Eau Claire  
715-832-8420  
ecahmaa.org

### **Immanuel Luthrean**

#### **Food Pantry**

Eau Claire  
715-832-7832

### **Meals on Wheels, Senior**

#### **Dining Meal Sites,**

#### **Liquid Supplement**

715-839-4886  
eauclaireadrc.org

### **Ruby's Pantry**

Eau Claire  
715-834-2959  
goodshepherd-ec.org

### **Salvation Army**

Eau Claire  
715-834-1224  
salvationarmy.org

### **St. Francis Food Pantry**

Eau Claire  
715-839-7706  
stfrancisfoodpantry.org

### **The Community Table**

Eau Claire  
715-835-4977

## \* Home Medical Supplies

### **ADRC Adaptive**

#### **Equipment Loan Program**

Eau Claire  
715-839-4735  
eauclaireadrc.org

### **Apria Health Care**

Eau Claire  
715-834-7517  
apria.com

### **Center for Independent**

#### **Living**

Eau Claire  
715-514-4200  
cilww.com

### **Freedom Medical, LLC**

715-830-9600

### **Grace Home Respiratory**

Altoona  
715-832-7377  
ghr-ec.com

### **Mayo Clinic Health**

#### **System**

Eau Claire  
715-838-1815  
mayoclinichealthsystem.org

### **NuMotion, LLC**

Eau Claire  
715-552-3711  
numotion.com

### **Value Center Pharmacy**

Eau Claire  
715-833-6760  
valuecenters.com



# HeatherWood

Assisted Living and Memory Care



**Guided by goodness, loyalty, faith, and fun!**



*HeatherWood provides assisted living and memory care services on one campus. Our wellness services and life enrichment opportunities are designed to maintain or improve the capabilities of each resident — with the emphasis on abilities and support to maintain independence.*

The HeatherWood family is a warm, loving community as different and special as the unique people who live here. It is a place of vibrancy and life; promoting meaning and joy in the lives of residents, families and our care team members.

**Call us to schedule a tour today & join us for lunch! 715-552-5511**

4510 Gateway Drive  
Eau Claire, WI 54701  
**heatherwoodal.com**



## \* Transportation

**A & J Mobility**  
Eau Claire  
715-874-6630  
aandjmobility.com

**Abby Vans, Inc.**  
Neillsville  
1-800-236-8438  
abbyvans.com

**Center for Independent Living**  
Eau Claire  
715-514-4200  
cilww.com

**Chippewa Valley Airport Service**  
Eau Claire  
715-830-9400

**Eau Claire Transit**  
Eau Claire  
715-839-5111  
eauclairewi.gov/transit

**Groome Transportation**  
Eau Claire  
715-830-9400

**Handlift**  
Cumberland  
1-800-989-7433

**MTM Medicaid Assistance Covered Transportation**  
1-866-907-1493

**Non-Driver ID Motor Vehicles Division**  
Eau Claire  
1-800-924-3570  
dot.wisconsin.gov

**Patients' Express**  
Chippewa Falls  
1-866-336-7915

**Tender Care Transport, Inc.**  
Chippewa Falls  
715-835-2435  
tendercaretransport.com

**Triniteam Caregivers**  
Eau Claire  
715-836-8106

**Western Dairyland**  
Eau Claire  
715-836-7511 #1151  
westerndairyland.org

## \* Home Energy Assistance/Weatherization

**Department of Human Services**  
Eau Claire  
715-839-2300  
co.eau-claire.wi.us

**Western Dairyland**  
Eau Claire  
715-836-7511  
westerndairyland.org

**Rural Development**  
Menomonie  
715-232-2614 #119  
rurdev.usda.gov

# Directory

# Eau Claire County

## \* Home Care

*(Skilled Licensed Nursing Services)*

**Almost Family**  
Eau Claire 715-831-0631  
almostfamily.com

**Appeal to Heaven**  
Eau Claire, 715-379-7889  
appealtoheaven.net

**Aurora Community Health**  
Menomonie, 1-888-301-5897  
auroraservices.com

**Comfort Keepers**  
Eau Claire, 715-833-2197  
comfortkeepers.com

**Interim Healthcare**  
Eau Claire, 715-834-1313  
interimhealthcare.com

**International Quality Home Care**  
Eau Claire, 888-278-3405  
alphaigh.com

**Mayo Clinic Health System -  
Home Health & Hospice**  
Eau Claire, 715-831-0100  
mayoclinichealthsystem.org

**Modified Independent**  
715-579-7784  
modifiedindependence.ec@gmail.com

**Moore Genuine Care**  
Augusta, 715-286-2734  
mooregenuinehomecare.com

**Recover Health**  
715-598-5600 | recoverhealth.org

**St. Joseph's Home Care**  
Chippewa Falls,  
715-717-7485  
stjoeschipfalls.com

## \* Home Care

*(Supportive Non-Medical/Chore)*

**Almost Family**  
Eau Claire 715-831-0631  
almostfamily.com

**Aurora Community Health**  
Menomonie, 1-888-301-5897  
auroraservices.com

**Comfort Keepers**  
Eau Claire, 715-833-2197  
comfortkeepers.com

**Good People**  
1-800-608-8003  
goodpeople.us/info/home

**Heath Chore Services**  
715-514-5400

**Home Helpers**  
Eau Claire, 715-720-4946  
homehelpershomecare.com

**Interim Healthcare**  
Eau Claire, 715-834-1313  
interimhealthcare.com

**Kathy's Helping Hands, LLC**  
Altoona, 715-833-1727

**Moore Genuine Care**  
Augusta, 715-286-2734  
mooregenuinehomecare.com

**Second Springs Care**  
Eau Claire, 715-861-3474  
secondspringsllc.com

**Seniors Helping Seniors**  
Eau Claire, 715-514-4511  
seniorcareeauclaire.com

**Visiting Angels**  
715-861-5546

## \* Hospice Care

**Heartland Hospice**  
Eau Claire, 1-888-633-6522  
heartlandhospice.com

**Interim Healthcare**  
Eau Claire, 715-834-1313  
interimhealthcare.com

**Mayo Clinic Health System -  
Home Health & Hospice**  
Eau Claire, 715-831-0100  
mayoclinichealthsystem.org

**St. Croix Hospice Care**  
Eau Claire, 715-598-2635  
stcroixhospice.com

**St. Joseph's Home Health  
and Hospice**  
Chippewa Falls, 715-717-7485  
stjoeschipfalls.com

## \* Adult Family Home

**Apple Valley Home**  
Eau Claire, 715-835-5141  
AVHassistedliving.com

**Dearwood Adult Family Home**  
Eau Claire, 715-830-0518

**Genuine Care Adult Family Home**  
Augusta, 715-286-2248  
mooregenuinehomecare.com

**Sherwood Forest House of Hope**  
Altoona, 715-835-8701



## \* Assisted Living

### ***Apple Valley Home***

Eau Claire, 715-835-5141  
avhassistedliving.com

### ***BeeHive Homes***

Eau Claire, 715-874-HIVE  
beehivehomes.com

### ***Care Partners -Eau Claire***

Birch Street - 715-514-3709  
Frank Street - 715-858-3423  
carepartners-countryterrace.com

### ***Classic at Hillcrest Greens***

Altoona, 715-839-0200  
theclassichg.com

### ***Country Terrace***

Altoona, 715-836-9211  
carepartners-countryterrace.com

### ***Family Tree, CBRF***

Eau Claire, 715-832-3663

### ***Grace Edgewood, CBRF***

Altoona, 715-832-5813  
livegracefully.org

### ***Grace Willowbrook, RCAC***

Eau Claire, 715-835-0429  
livegracefully.org

### ***HeatherWood, RCAC***

Eau Claire, 715-552-5511  
heatherwood-ec.com

### ***Heritage Assisted Living, RCAC***

Eau Claire, 715-831-9118  
heritagesenior.com

### ***Hillview Home***

Eau Claire, 715-834-1965

### ***Milestone Assisted Living, RCAC***

Eau Claire, 715-495-5250  
milestonesl.com

### ***Oak Gardens, RCAC***

Altoona, 715-839-8000  
alcco.com

### ***Orchard Hills Assisted Living (Dove Healthcare)***

Eau Claire, 715-552-1030  
orchardhillsassistedliving.com

### ***SilverLeaf of Augusta***

Augusta, 715-286-2266  
augustahealthandrehab.com

## \* Memory Care

### ***Azura Memory Care***

Eau Claire, 715-563-2618  
azuramemorycare.com

### ***Care Partners Memory Care***

Eau Claire: Frank St -715-835-6656  
Birch Street - 715-598-1536  
carepartners-countryterrace.com

### ***Classic at Hillcrest Greens***

Altoona, 715-839-0200  
theclassichg.com

### ***Grace Woodlands***

Eau Claire, 715-831-8100  
livegracefully.org

### ***HeatherWood Memory Care, "The Glen"***

Eau Claire, 715-552-5511  
heatherwood-ec.com

### ***Heritage Court Memory Care***

Eau Claire, 715-829-8000  
heritagesenior.com

### ***Lake Hallie Memory Care***

Chippewa Falls, 715-797-6027  
lakehalliememorycare.com

### ***Milestone Senior Living Suites***

Eau Claire, 715-210-0178  
milestonesl.com

### ***Our House Senior Living Memory Care***

Eau Claire, 715-832-3970  
ourhousesl.com

## \* Independent Living

### ***Non-Subsidized***

### ***Briarwood Cottages***

Eau Claire, 715-831-2128  
briarwood-cottages.com

### ***City View Apartments***

Eau Claire, 715-835-6001  
foxboroproperties.com

### ***Classic at Hillcrest Greens***

Altoona, 715-839-0200  
theclassichg.com

### ***Congress St. Apartments***

Eau Claire, 715-835-6001  
foxboroproperties.com

### ***EastRidge Estates***

Altoona, 715-830-5252

### ***Good Shepherd Senior Apartments***

Eau Claire, 715-834-3587  
goodshepherdseniorapartments.org

### ***Heritage Apartments***

Eau Claire, 715-834-6302  
stjohnhousing.com

### ***Hillside Apartments***

Eau Claire, 715-835-6001  
foxboroproperties.com

### ***London Square Apartments***

Eau Claire, 715-858-0873  
oakwood@oakbrookcorp.com

# Directory

# Eau Claire County

## \* Independent Living

### *Non-Subsidized (cont.)*

**Milestone Senior Living**  
Eau Claire, 715-495-5250  
milestonesl.com

**Oakwood Hills Retirement**  
Eau Claire, 715-552-1500  
oakwood-hills.com

**Oakwood Home Apartments**  
Eau Claire, 715-831-7800  
oakwood@oakbrookcorp.com

**Real Life Cooperative**  
Eau Claire, 715-835-7622  
realifeinc.com

**St. Francis Apartments**  
Eau Claire, 715-834-1338

**St. Paul Apartments**  
Augusta, 715-202-3194

**The Meadows at Otter Creek**  
Eau Claire, 715-831-1068  
firstlutheranfoundation.com

**Wunderhaven**  
Fall Creek, 715-877-3107  
landmark-company.com

## \* Independent Living

### *Subsidized*

**Augusta Country Apartments**  
Augusta, 715-286-2718  
ahmc-assetmgmt.com

**Colony Park East/West**  
Eau Claire, 715-834-2691  
landmark-company.com

**Fairchild Housing**  
Fairchild, 715-286-2718

**Fairchild Senior Living**  
Fairchild, 715-839-4741  
co.eau-claire.wi.us

**Fall Creek Commons**  
Fall Creek, 715-834-2691  
landmark-company.com

**Golden Acres I**  
Altoona, 715-834-1842

**Golden Acres II**  
Altoona, 715-834-7852

**Grace Barstow Apartments**  
Eau Claire, 715-832-1174  
livegracefully.org

**Luther Lakeside Apartments**  
Eau Claire, 715-834-2691  
landmark-company.com

**Owen Rust Apartments**  
Eau Claire, 715-839-8154  
ci.eau-claire.wi.us/government/housing

**Park Tower Apartments**  
Eau Claire, 715-839-8602  
ci.eau-claire.wi.us/government/housing

**Ruth Gullerud Villa**  
Eau Claire, 1-800-685-9353  
impactseven.org

**St. John's Apartments**  
Eau Claire, 715-834-6302  
stjohnhousing.com

## \* Nursing Homes

**Augusta Nursing Home**  
Augusta, 715-286-2266

**Clearwater Care Center**  
Eau Claire, 715-832-1681  
clearwatercares.com

**Dove Healthcare-West**  
Eau Claire, 715-552-1030  
dovehealthcare.com

**Dove Healthcare-South**  
Eau Claire, 715-552-1035  
dovehealthcare.com

**Oakwood Villa**  
Altoona, 715-833-0400  
oakwoodskillednursing.com

**Prairie Pointe Rehabilitation Suites/River Pines Long Term Concierge Care**  
Altoona, 715-598-7800  
graceluthfound.com

**Syverson Lutheran Home**  
Eau Claire, 715-832-1644  
graceluthfound.com



## Home Care

	Medicare Accepted	Medicaid Accepted	Private Pay Accepted	Long-Term Care Ins.	VA Payments	State Licensed	Wound Care	Home Modification	Home IV Care	Wound V.A.C.	Injection Care	Blood Draws	Private Duty	Durable Med. Supplies	No Age Limitation	Occupational Therapy	Physical Therapy	Speech Therapy	Respiratory Therapy
<b>Almost Family</b> 715-831-0631	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Call	Yes	Yes	Yes	Yes	Yes	Call	Yes	Yes	Yes	Yes	No
<b>Appeal to Heaven</b> 715-379-7889	No	No	Yes	Assist	No	Yes	Yes	No	Yes	Yes	Yes	Yes	No	No	Yes	No	No	No	No
<b>Chippewa County Home Care</b> 715-726-7951	Yes	Yes	Yes	Case by Case	Yes	Yes	Yes	No	Yes	Yes	Yes	Yes	No	No	Yes	Yes	Yes	Yes	No
<b>HSHS St. Joseph's Home Health &amp; Hospice</b> 715-717-7485	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes	Yes	Yes	No	No	Yes	Yes	Yes	Yes	No
<b>Mayo Clinic Health System</b> 715-831-0100	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes	Yes	Yes	No	No	Yes	Yes	Yes	Yes	No

The Helping Hands Guide does it's best to put together the most accurate information for these listings. Because business services change and prices vary throughout the year, we recommend that you call any business you are interested in getting information from before making any decisions. We tried our best to gather all of the information from each company and to the best of our ability is up-to-date as of February 2019.

## \* Chores & Housekeeping

The following agencies provide an array of in-home services such as laundry, light house-keeping, meal preparation, and transportation.

### Cobwebs & Clutter

Lisa Schaefer 715-831-8799

cobwebsandclutter@charter.net



A newly renovated, **5-star assisted living** home where everyone is family. You can find us in Eagleton; located between Chippewa Falls and Bloomer, Wisconsin.



*Beautiful view in a country setting*

**aggiescountryliving.com | 715-288-6333**

Stop in for a tour - 14135 150th Ave, Bloomer

## CHIPPEWA COUNTY HOME CARE

**Exceptional Home Health Care right in your Community!**

- Skilled nursing services, home health aide, therapy services and housekeeping.
- Wound care, IV therapy, bathing assistance, in home INR testing, diabetic education.
- Medicare and Medicaid certified.
- VA payments, private pay, private insurance and Family Care.

Located in the Chippewa Co. Courthouse  
711 N. Bridge St. Room 121 - Chippewa Falls, WI  
(715) 726-7859

**Now serving Barron & Eau Claire Counties for your home care needs.**



For more information  
contact Pam Smith  
2005 Agnes St.,  
Eau Claire

## Family Tree

Assisted living for our aging population and disabled people over 18.

- Family oriented with 24 hour care
- Private & semi-private bedrooms
- Planned outings
- Assistance with medication
- No steps, one level
- Excellent family style home cooked meals

**715-832-3663**

Quality independent living for Seniors 62 and over since 1986.

Feels like

Home...

- Flexible rent options
- Located behind Sacred Heart Hospital
- Optional noon meal on site
- Close to bus line
- Discount meals at Sacred Heart Hospital
- Heat, water, sewer & garbage included with rent
- Storage in apartment & basement
- Beauty salon, library and recreation room

Call 834-1338 for a brochure and/or tour.



St. Francis  
Apartments

sainfrancisapartments.com

851 University Dr.  
Eau Claire, WI

# Bridgewater Apartments

Bridgewater Avenue & Terrill Street  
Chippewa Falls, WI

- One bedroom Hud Section 8 rental assisted apartment for persons 62+ or with handicap or disability.
- All utilities included.

**Rent is 30% of income.**



Landmark Company  
715-834-3411



## Dove Healthcare

Barron • Bloomer • Chippewa Falls • Eau Claire • Osseo • Rice Lake

As an innovative healthcare provider since 1997, we have strategically grown to meet the needs of those who depend on us. Today, our 1,000 compassionate employees serve an average of 425 people every day across our 11 locations.

- Assisted Living & Memory Care
- Post Acute Care & Skilled Nursing
- Rehabilitation & Physical Therapy
- Aquatic Therapy & Exercise
- Ventilator & Tracheostomy Care
- Long-Term & End-of-Life Care

Visit [dovehealthcare.com](http://dovehealthcare.com) today to learn more.



Caring for Northwestern Wisconsin PERSONAL. LOCAL. LOYAL.



# Directory

# Chippewa County

## \* Transportation

### **Forward Health**

(Medicaid) Members: to schedule a ride contact LogistiCare  
1-866-907-1493

### **Aging and Disability Resource Center Volunteer Drivers**

(60+ years of age)  
715-726-7777

### **Leroy's Cab**

715-720-6106

### **New Freedom Transportation Program**

715-514-4200 / 800-228-3287

### **Ready Ride Taxi**

715-864-2409

### **Shared Ride Taxi Program**

(City of Chippewa Falls only)  
715-726-2729 / 715-723-3000

### **Town and Country Taxi**

715-563-7272

### **Volunteer Caregiver Program**

Bonnie Ferstenou 715-738-2598

### **Veterans Service – Veterans Van**

715-726-7990

## \* Senior Centers

### **Bloomer Senior Civic Center**

Bloomer  
715-568-1888

### **Chippewa Falls Area Senior Center**

Chippewa Falls  
715-720-1666

### **Cornell Senior Citizens Center**

104 N. 3rd, Cornell  
Weekdays 1:00 pm - 5:00 pm

## \* Medical Equipment Loan Closet

### **Center for Independent Living**

Menomonie  
1-800-228-3287, 715-514-2000  
cilww.com

### **Department of Public Health**

Chippewa Falls  
715-726-7900

### **Rutledge Charities**

Chippewa Falls  
715-723-6618

## \* Handicapped Accessible Transportation

### **Abbey Van**

1-800-236-8438/715-743-3364

### **A & J Mobility**

Eau Claire  
715-874-6630,  
877-833-9830

### **Aging and Disability Resource Center (ADRC)**

715-726-7777

### **Patients' Express**

Non-Emergency  
715-726-1100

### **Shared Ride Taxi**

Chippewa Falls  
715-723-3000

### **Tender Care Transport**

715-835-2435  
tendercaretransport.com





## \* Food Pantries/Nutrition

### ***Agnes's Table***

Free Hot Meals at: Trinity United Methodist Church,  
Chippewa Falls. Serving Tuesday and Thursday  
5:30 pm - 6:30 pm. Everyone Welcome!

### ***Barnibus Table***

19 W Spring St, Chippewa Falls  
Open Monday, Wednesday, and Friday  
5:30 pm - 6:30 pm; 715-720-8087

### ***Bloomer & New Auburn Food Pantry***

808 Jackson St, Bloomer  
Friday 1:00 - 4:00 p.m. or by appointment  
Leave Message: 715-568-3733

### ***Cadott Food Pantry, Christian Community Center***

Main St, Cadott  
Open Friday 2:00 - 4:00 pm; 715-289-4941

### ***Chippewa Area Food Pantry/Salvation Army***

521 N. Bridge St., Chippewa Falls  
Open Mon. 9:00 am - 1:00 pm, 2:00 pm - 4:00 pm;  
Tues. 9:00 am - 12:00 pm  
Wed. 9:00 am - 1:00 pm, 2:00 pm - 4:00 pm;  
Thurs. 1:00 pm - 5:00 pm. Closed Friday  
Serves Chippewa Falls School District families-  
Can use once per month. 715-726-9506

### ***Cornell Food Pantry***

401 S. 2nd Avenue, Cornell  
Open Tuesday 4:00 - 7:00 pm for food and  
Thursday breakfast 8:00 - 10:00 am, groceries also  
715-202-3531 Or 715-595-4863

### ***First Presbyterian Church***

130 W. Central St., Chippewa Falls  
Open Tuesday and Thursday, 10:00 am - noon  
715-723-5717

### ***Fruit of the Vine Pantry***

W11581 Cty. Hwy X, Stanley  
Open 1st & 3rd Tuesday, 5:00 - 7:00 p.m.;  
2nd & 4th Tuesday, 10:00 am - 2:00 pm.  
715-644-5532

### ***Holcombe Food Pantry***

27841 County Hwy M, Holcombe  
Open 2nd & 4th Tuesday, 2:00 - 5:00 pm  
715-595-4967

### ***Jim Falls Community Food Pantry***

13883 Cty. Hwy. S, Jim Falls  
Open 2nd Thursday, 4:00 - 6:00 pm  
715-226-0862 or 715-828-4450

### ***Stanley Food Pantry***

Our Savior's Lutheran Church, Stanley  
Open 1st Thursday, 4:00 - 6:00 p.m  
715-456-7540

### ***St. Francesca Resource Center Food Pantry***

Corner of Allen and High Streets (in the back of the  
old Notre Dame school), Chippewa Falls  
Open: Tuesday from 9:00 am - 1:00 pm; 4:00 pm -  
7:00 pm. Can visit every 2 weeks. Bring a box or bags.

### ***Valley Vineyard Food Pantry***

910 Bridgewater Avenue, Chippewa Falls  
Open: Tuesday and Thursday from  
5:00 pm - 7:00 pm 715-861-3990

## \* Fresh Food Distribution

### ***Chippewa River Industries (CRI)***

1000 Wissota Drive, Chippewa Falls, WI  
Serves 3rd Tuesday of month, 4-5:00 pm  
Call 715-723-2123 with questions

## \* Home Delivered Meals

### ***Chippewa County Nutrition Program***

715-726-7777

### ***Mobile Meals, Inc.***

(City of Chippewa Falls only)  
715-723-0486



# Directory

## Chippewa County

### \* Housing Maintenance Fuel Assistance

#### ***Chippewa County Economic Support***

(fuel assist)  
Chippewa Falls  
715-726-7840

#### ***Housing Authority***

715-726-7933

#### ***Volunteers in Service in Our Neighborhood (VISION)***

Home Repairs  
715-726-7933

#### ***West Cap – Homework***

1-800-606-9227

### \* Adult Day Care

#### ***Adult Day Care of Chippewa Valley***

Altoona  
715-832-8811

#### ***Bloomer Adult Day Services***

Bloomer  
715-568-1000

#### ***Grace Adult Day Services***

Chippewa Falls  
715-738-1925

#### ***Hopes & Dreams Adult Daycare***

Cadott  
715-289-5300

### \* Homeless Resource

***Starting Points*** - Chippewa Falls 715-726-7937

### \* Dining Options

#### ***Bloomer/New Auburn***

##### ***Bloomer Sr. Citizens Center***

2121 Duncan Rd.  
Serving time: Noon  
715-579-2889

#### ***Cadott***

##### ***Kathy's Diner***

304 East Mills St.  
Serving time: 11:30 am - 12:30 pm  
715-289-3551

#### ***Chippewa Falls***

##### ***Chippewa Falls Area Senior Center***

1000 East Grand Ave.  
Serving time: Noon  
715-579-2896

#### ***Cornell***

##### ***Our Savior's Lutheran Church***

201 S. 6th St. Cornell  
Serving time: 11:30 am  
715-579-2910

#### ***Chippewa County***

##### ***Chippewa County Meals on Wheels***

(Based on eligibility)  
715-738-2590

#### ***Open Door Clinic, Inc***

First Presbyterian Church,  
130 W Central St, Chippewa Falls  
Every Tuesday Evening  
4:00 pm - 8:00 pm;  
715-720-1443



## \* Home Care

### *Skilled Licensed Nursing Services*

**Almost Family**  
715-831-0631 almostfamily.com

**At Home Care**  
715-669-3376/866-245-8179

**Chippewa Co. Public Health & Home Care**  
715-726-7900

**Interim Healthcare**  
715-834-1313

**Mayo Clinic Health System - Home Health & Hospice**  
715-831-0100/1-800-236-8408

**Moore's Genuine Care**  
715-286-2734

**St. Croix Hospice**  
715-598-2635

**St. Joseph's Hospital - Home Health & Hospice Service**  
715-717-7485

## \* Home Care

### *Supportive Non-medical*

**Almost Family**  
715-831-0631 almostfamily.com

**At Home Care**  
715-669-3376/866-245-8179

**Aurora Community Health**  
715-235-4667

**Comfort Keepers** 715- 833-2197

**Happy to Help Home Care**  
715-271-2784  
20

**Hmong Home Care Services**  
715-379-7201

**Home Instead – Senior Care/ Non-Medical Eldercare**  
1-800-919-8040/ 715-552-8040

**Home Helpers**  
715-720-4946

**Right There Home Care**  
Cadott, 715-512-1240  
rightherehomecare.com

**Interim Healthcare** 715-834-1313

**Visiting Angels** 715-598-1750

## \* Assisted Living

### *\*\*Designates Memory Care Facility*

**Aggie's Country Living**  
Bloomer, 715-288-6333

**Care Partners**  
Bloomer, 715-568-9140  
carepartners-countryterrace.com

**Chippewa Manor Residential Center**  
Chippewa Falls, 715-726-2123

**Comforts of Home - Riverside**  
Chippewa Falls, 715-529-4725

**Country Terrace**  
Bloomer, 715-568-4009  
carepartners-countryterrace.com

**Country Terrace**  
Stanley, 715-644-3444  
carepartners-countryterrace.com

**Creswood Assisted Living Inc.**  
Cadott, 715-289-4330

**Eagleton Residence**  
Eagleton, 715-288-6311

**Home Suite Home**  
Chippewa Falls, 715-726-1113  
homesuitehomeonline.com

**\*\* Lake Hallie Memory Care**  
Chippewa Falls, 715-797-6027  
lakehalliememorycare.com

**Our House Assisted Care**  
Chippewa Falls, 715-723-6037

**\*\*Our House Memory Care**  
Chippewa Falls, 715-723-6037  
ourhousesl.com

**Wissota Place**  
Chippewa Falls, 715-720-9710

**Rose Garden Assisted Living**  
Bloomer, 715-568-2503

**\*\*Rutledge Home Assisted Living & Memory Care**  
Chippewa Falls, 715-723-5566  
rutledgehome.com

**\*\*The Homeplace -Stanley**  
715-644-2137/715-429-1007  
thehomeplaceof.com

## \* Nursing Homes

### *\*\*Designates Memory Care Facility*

**Chippewa Manor Nursing Home**  
Chippewa Falls, 715-723-4437  
chippewamanor.com

**Cornell Area Care Center (Prevea)**  
715-239-6288  
cornellcarerehab.com



# Directory

# Chippewa County

## \* Nursing Homes

**\*\*Designates Memory Care Facility**

### ***Dove Healthcare***

Bloomer, 715-568-6606  
dovehealthcare-bloomer.com

### ***Hetzel Care***

Bloomer, 715-568-2503

### ***Luther Midelfort/Mayo - Chippewa Valley & Maplewood Nursing Home***

Bloomer, 715-568-2000

### ***WI Veterans Home at Chippewa Falls***

715-720-6775  
dva.state.wi.us/Pages/veteransHomes/  
VeteransHomeCF.aspx

### ***Wissota Health & Regional Vent Center***

Chippewa Falls, 715-723-9341  
wissotahealth.com

## \* Independent Living

**\*Designates Subsidized Facility**

### ***\*Bridgewater Apartments***

Chippewa Falls, 715-834-2691

### ***Cadott Country Apartments***

Cadott, 715-289-4755

### ***Chippewa Manor Residential Living Center***

Chippewa Falls, 715-726-2123

### ***\*Grace Parkside Apartments***

Chippewa Falls, 715-832-1174



### ***\*Grandview Apartments***

Cadott, 715-834-3411

### ***Holcombe Housing***

715-271-7210

### ***Homestead Village Senior Apartments***

Chippewa Falls, 715-726-9664

### ***\*Lake Como Home II***

Bloomer, 715-834-3411

### ***\*Lakeview Apartments***

Bloomer, 715-834-3411

### ***\*Moon Park Apartments***

Stanley, 1-800-781-7638

### ***North Town Apartments***

Cadott, 715-579-5179

### ***\*Northern Apartments***

Chippewa Falls, 715-723-7875

### ***Northland Apartments***

Chippewa Falls, 1-800-432-5755

### ***\*Park Ridge Apartments***

Boyd, 715-723-7552

### ***Parkview Apartments***

Bloomer, 715-568-5446

### ***\*Southridge Apartments***

Cadott, 715-723-7552

### ***\*Ravenswood Apartments***

Cornell,  
1-800-924-3256/715-834-3411

### ***\*Romeis Millstream Apartments I and II***

Chippewa Falls, 715-723-7552

### ***St. Joseph's Apartments***

Chippewa Falls, 715-723-5828

### ***\*Shoe Factory Apartments***

Chippewa Falls,  
1-800-944-4866/715-726-0586

### ***\*Squire Drive Apartments***

Cornell  
1-800-924-3256, 715-834-3411

### ***Stanley Country Apartments***

Stanley, 715-644-6702

### ***\*Sunrise Village***

New Auburn, 715-726-7933

### ***\*Sunset Homes***

Stanley, 715-644-5755

### ***\*Westside Apartments***

Bloomer, 715-834-3411

# INTRODUCING THE “INVISIBLE SERIES” HEARING AID TECHNOLOGY

Test the breakthrough  
INVISIBLE TECHNOLOGY  
below for  
**30 DAYS RISK FREE!**



The **Invisible-In-Canal (IIC)** is custom formed to your ear canal to fit right next to the ear drum. It sits so deep in the canal that it ends where other hearing aids begin. And that makes it completely undetectable to anyone else. In fact, we like to say it's “invisible.”

**Technology Level:**  
**High, Premium**

Technology Level	Premium	VIBRANT
	High	ACTIVE
	Mid	
	Entry	



The **Receiver-In-Canal (RIC)** mini hearing aid is open fit and discreet. There is no custom shell required. Instead it uses a vented receiver, which allows natural sound to pass through, eliminating the “head in the barrel” sensation that can occur with a custom shell.

**Technology Level:**  
**Entry, Mid, High, Premium**

Technology Level	Premium	VIBRANT
	High	ACTIVE
	Mid	SOCIAL
	Entry	CALM

## AccuQuest® Hearing Centers



Hearing aids do not restore natural hearing. Individual experiences vary depending on severity of hearing loss, accuracy of evaluation, proper fit and ability to adapt to amplification. Not a medical exam. Audiometric test to determine proper amplification needs only.

CALL **TODAY** TO SCHEDULE YOUR APPOINTMENT

**(715) 345-0270**

**PLOVER**  
2026 County Rd HH

**(715) 261-2005**

**WAUSAU**  
2620 Stewart Ave, Ste. 114

**(715) 834-4545**

**EAU CLAIRE**  
2191 Eastring Center

**(715) 934-2252**

**HAYWARD**  
10541 North Ranch Road

**(715) 736-3004**

**RICE LAKE**  
2021 Cenex Drive



**Bluetooth®**

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[www.accuquest.com](http://www.accuquest.com)





Hospice	Medicare Accepted	Medicaid Accepted	Private Pay Accepted	Private Insurance Accepted	Spiritual Care	Family Meetings	Coordination of Care	Respite Care	Bereavement Care	In Home Care	Pain Management
HSBS St. Joseph's Hospice 715-717-7485	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Mayo Clinic Health System 715-831-0100	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes

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# Colony Park West

2818 Augusta Street  
840 W. MacArthur Avenue  
841 Richard Drive



# Colony Park East

Stein Boulevard & Steven Lane  
Augusta Street



- One bedroom HUD Section 8 rental assisted apartments for persons 62+ or persons with handicap or disability.
- One bedroom apartments with range & refrigerator.
- Rent: 30% of monthly adjusted income including all utilities except telephone and cable T.V.

**Landmark Company 715-834-3411**



# Outstanding legal service

- Wills • Trusts
- Guardianship
- Medical Assistance
- Durable Power of Attorney
- Power of Attorney for Health Care



**MARY BETH GARDNER,**  
ATTORNEY AT LAW

*Member of National Academy  
of Elder Law Attorneys*

2411 N. Hillcrest Pkwy, Suite 9 - Altoona, WI  
**715.832.4444 | gardner-law.net**



## THE MEADOWS AT OTTER CREEK

**4880 Otteson Lane - Eau Claire | 715-831-1068**

fax: 715-855-7203 | [apts@graceluthfound.com](mailto:apts@graceluthfound.com)

### *Rental cost includes:*

- Heat
- Dishwasher
- Garbage Disposal
- Stove
- Refrigerator
- Sewer & Garbage
- Wall Air-Conditioning Unit
- Water
- Recycling Services
- Two Complimentary Cab Passes/Month

**Tobacco  
Free**



### *Rent:*

1 Bedroom: \$745 & \$790  
1 Bedroom w/Den: \$887 & \$957  
2 Bedroom: \$887 & \$957  
Indoor Garage Parking: \$35/mo  
Age Requirement 55 years or better!

### *Complex Features:*

- Secured Entrance
- Outdoor garden
- Walking Path
- Patio w/Gas Grill
- Complimentary Wi-Fi
- Window Treatment
- Medical Emergency Pull Cord in Each Unit
- 4 Laundry Rooms
- Terrace Lounge w/Large Screen TV, VCR
- Kitchen/Dining Room
- Non-Smoking/Tobacco Free
- Community Room with Exercise Equipment, Crafts, Tables, Television
- Small Pets w/Restrictions + Deposit

*A ministry of Spirit Lutheran Foundation, Inc.*

**[spiritlutheranfoundation.org](http://spiritlutheranfoundation.org)**





## HOME Health Care:

for rehabilitation, wound care, chronic conditions and living fully.

*For high-level care, any time of day,*

*any place you call home: 715-717-7485*

HOME HEALTH • PALLIATIVE • HOSPICE EAU CLAIRE, CHIPPEWA AND SURROUNDING COUNTIES



**Sacred Heart  
St. Joseph's**

*Hear from extraordinary nurses  
providing more meaningful care.*

[hshsAtHome.org](http://hshsAtHome.org)



## WE MAKE LIVES BETTER THROUGH HOME CARE

### Nursing Services

- Assessment and education in your home about your specific conditions.
- Skilled treatments such as:

Wound Care | Catheter Care | Ostomy Care | Injections

- Medication Management:  
Education | Simplification | Monitoring

### Therapy Services

- Functional mobility, walking and transferring
- Exercise programs for strength and endurance
  - Adaptive equipment and device training
  - Treatment of balance and vestibular issues
- Rehab following orthopedic surgery, injury, or stroke

Almost Family is a leading provider of home health nursing, rehabilitation and personal care services.



**ALMOST FAMILY EAU CLAIRE**  
2523 West Folsom Street | Suite B | Eau Claire, WI

**715.831.0631 | [almostfamily.com](http://almostfamily.com)**





## IN-HOME CARE

STARTING THE  
CONVERSATION

### RECOGNIZE SIGNS IT MIGHT BE TIME FOR IN-HOME SENIOR CARE



Not wanting  
to leave the  
house

Forgetting to  
take medication  
regularly



Refusing to  
shower or  
change clothes

Getting confused  
when questions  
are asked



Losing weight  
from not eating  
or cooking meals

Becoming  
isolated from  
friends & family



### TIPS FOR HAVING THE CONVERSATION

#### START EARLY

Keep it simple, choosing a comfortable time & place. Ask mainly open-ended questions to find out what is important to your loved one. Avoid acting like a parent - use words that are non-threatening.

#### BE UNDERSTANDING

Diagnosis of Alzheimer's or Parkinson's is scary to hear. Any resistance could be a result of fear of losing control. Put yourself in their shoes - would you want help? Also, watch for signs of depression.

#### BE HONEST

Express your concern without accusing. Tell them you are worried about them vs. telling them they are doing something wrong. Use examples, such as "Your medications got mixed up." Focus on behavior, not the person.

#### BE RESPECTFUL

It will be hard for your loved one to admit they aren't able to do everything for themselves anymore. The decision to have in-home care will ultimately be up to them. Suggest ideas to them without being pushy.

#### ASK FOR HELP

Meet with your loved one and his or her doctor. It will be a helpful unbiased opinion. Ask others who use in-home care, and see if they would be willing to discuss the benefits with your loved one.

Sources:

[www.comfortkeepers.com/office-326/family-education-center/starting-the-conversation](http://www.comfortkeepers.com/office-326/family-education-center/starting-the-conversation)  
[www.helpguide.org/elder/senior\\_services\\_living\\_home.htm](http://www.helpguide.org/elder/senior_services_living_home.htm)  
[www.caregiverstress.com/family-communication/40-70/communication-tips](http://www.caregiverstress.com/family-communication/40-70/communication-tips)

## Good Shepherd Senior Apartments



3304 14th Street | Eau Claire

1 & 2 Bedroom Apartments

Office Hours: 9am to 1pm, Monday-Friday



**715-834-3587**  
[goodshepherdseniorapartments.org](http://goodshepherdseniorapartments.org)

# Assisted Living

**\*\* Chippewa County**

	Type (AFH, RCAC, CBRF)	Monthly Cost Range	Subsidized	Private Units	Scheduled Transportation	Alzheimer's Care	Respite Care	Call System	Diabetes Mgmt.	Rehab Services	Meals	24/7 On-Site Care	Nurse On-Site
<b>Aggies Country Living</b> 715-288-6333	CBRF	Call	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Contracted With	Yes	Yes	Yes
<b>Azura Memory Care</b> 715-563-2618	CBRF	Call for Rates	No	Yes	Assist With	Yes	Yes	No	Yes	Yes	Yes	Yes	Yes
<b>BeeHive Homes</b> 715-874-HIVE	CBRF	Call	No	Yes	Assist With	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
<b>Chippewa Manor Living Services**</b> 715-723-4437	RCAC	Call	No	Yes	Assist with	No	No	Yes	Yes	Yes	Yes	Yes	Yes
<b>The Classic at Hillcrest Greens</b> 715-839-0200	RCAC & CBRF	Call	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
<b>Dove Healthcare-Barron</b> 715-537-1151	RCAC	Call	No	32	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes
<b>Dove Healthcare - Orchard Hills Assisted Living</b> 715-552-1030	CBRF	\$3,600	No	39	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes
<b>Dove Healthcare-Osseo</b> 715-597-2493	RCAC	Call for Rates	No	24	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes
<b>Dove Healthcare - Rutledge Home**</b> 715-723-5566	CBRF	Call	No	43	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
<b>Dove Healthcare - South Eau Claire</b> 715-552-1035	CBRF	\$3,800	No	16	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes
<b>Family Tree</b> 715-832-3663	CBRF	Call	No	5 Rooms	Yes	Early stages	Yes	No	Yes	No	Yes	Yes	No
<b>HeatherWood Assisted Living</b> 715-552-5511	RCAC	\$3,795 -4,495	No	28	Assist With	Yes	Yes	Yes	Yes	No	Yes	Yes	Yes
<b>Heatherwood Memory Care "The Glen"</b> 715-552-5511	CBRF	\$4,995	No	8 Apts.	Assist With	Yes	Yes	Yes	Yes	No	Yes	Yes	Yes
<b>Heritage Court</b> 715-831-8200	CBRF	Call For Rates	No	Yes	Assist With	Yes	Yes	Yes	Yes	Contracted	Yes	Yes	Yes
<b>Heritage at Oakwood Hills</b> 715-831-9118	RCAC	Call For Rates	No	Yes	Assist With	No	Yes	Yes	Yes	Contracted	Yes	Yes	Yes
<b>HomePlace of Stanley</b> 715-429-1007	RCAC & CBRF	\$3,495 -4,550	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes	No
<b>Lake Hallie Memory Care**</b> 715-738-0011	CBRF	Call	No	60	Assist with	Yes	Yes	Yes	Yes	Contracted	Yes	Yes	Yes

## Medication Management & Your Good Health Have Never Been Easier



CARING FOR YOU  
WARM WELCOMES  
ALWAYS IN STORE  
AND ABOUT YOU

We can help you with ALL of your needs!

- Med Sync - one pickup saves time
- Convenience Packaging such as planners
- Rx Consulting • Durable Medical Equipment
- Wellness Products • Local Delivery

**Simplify your refills and your life. Ask us how.**  
Give us a call or stop in today.

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2421 E CLAIREMONT AVE  
EAU CLAIRE WI 54701  
715-833-6760

### Ed's Pharmacy

1511 MAIN ST  
BLOOMER WI 54724  
715-568-2190

### Colfax Pharmacy

525 MAIN ST  
COLFAX WI 54730  
715-962-3784

### Wally Shong Pharmacy

153 W LINCOLN ST  
AUGUSTA WI 54722  
715-286-2515

## Luther Lakeside Apartments

1412 Whipple Street  
Eau Claire, WI 54703

Rent: Income based, Subsidized  
Age Requirement: 62+



- |                         |                     |
|-------------------------|---------------------|
| ♦ 1 Bedroom             | ♦ Garbage Pick-up   |
| ♦ Kitchen               | ♦ Social Rooms      |
| ♦ Telephone Jacks       | ♦ Coin Laundry      |
| ♦ Cable Ready Outlets   | ♦ Bathroom w/Shower |
| ♦ Electric Heat         | ♦ Elevator Service  |
| ♦ Security System       | ♦ Parking Lot       |
| ♦ Secured Building      | ♦ Exercise Room     |
| ♦ Emergency Call System | ♦ Near Bus Stop     |

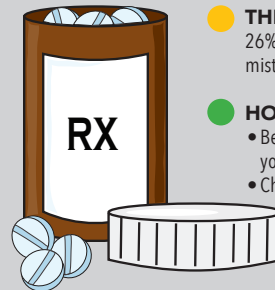
*Landmark Company*  
715-834-3411

## SENIOR SAFETY TIPS



Staying healthy also  
means staying safe.  
Here are some of the  
top accident risks  
seniors face,  
and tips on how to  
prevent them.

### MEDICATIONS



- THE RISKS**  
26% of seniors make potentially serious mistakes when taking medications.

- HOW TO STAY SAFE**
  - Be sure your doctor knows ALL medications you are taking.
  - Check the expiration date of your medicines.
  - Keep a Vial of Life kit in your home.

### SLIPS & FALLS

- THE RISKS**  
32% of seniors experience one or more falls per year and 57% of seniors who have fallen will fall again within the next 12 months.

- HOW TO STAY SAFE**
  - Exercise regularly. Focus on leg strength and balance
  - Ensure that steps and railings in your home are firmly fixed.
  - Wear a medical alert button to get help quickly if you fall.



### FIRES



- THE RISKS**  
For seniors age 65+, the risk of dying in a fire is twice the national average. For seniors age 75+, the risk is 3 times greater.

- HOW TO STAY SAFE**
  - Never smoke in bed
  - Keep space heaters away from flammable material.
  - Keep a working smoke, fire and CO2 monitors throughout your house.

SOURCE: BayAlarmMedical.com





***We Offer:***

**HUD Subsidized Rent for Persons 55 or over  
experiencing Low Income OR Persons Who  
Are Experiencing Handicaps**

- ♦ Income Based Rents
- ♦ No Asset Limits
- ♦ Rents Based on 30% of Income
- ♦ Heat, Garbage, Water and Sewer included
- ♦ Elevator service
- ♦ Cable Ready outlets
- ♦ Emergency Pull Stations in Every Apartment with Direct Link to City Fire and Ambulance
- ♦ Community Room
- ♦ On-Site Manager and Maintenance
- ♦ Coin Operated Laundry Facilities
- ♦ Bus Stop Nearby
- ♦ Card Access Security Entrances
- ♦ Off Street Private Parking
- ♦ Vending Machine
- ♦ Pets Allowed With Restrictions

**300 William Street—Eau Claire WI**

For applications, contact the Housing Authority of the City of Eau Claire (715) 839-4943

**Tours Available—Call for Appointment (715) 839-8602**

**Handicapped accessible apartments available**



# SUCCESSFULLY AGING SEMINAR SERIES

# 2019 Presentations

FREE presentations. Held at St. Francis Apartments  
851 University Drive, Eau Claire  
2 - 3 p.m.

## THURSDAY, FEBRUARY 15

### Happy Brain, Healthy Living

*Der-Fa Lu, PhD, RN, Norah Nirth-Kindree, DNP, RN and nursing students Aimee Marx and Michael Jaeb*

## THURSDAY, MARCH 21

### Flower Designing

*Brent Douglas Stelzer, Owner-Brent Douglas Flowers*

## THURSDAY, APRIL 18

### Elder Benefits

*ADRC Aging and Disability Resource Center of Eau Claire County  
Elder Benefit Specialist- Jessica Smith CSW*

## THURSDAY, MAY 16

### Reading is Fun!

*Moirra Kneer, Retired Chaplain*

## THURSDAY, JUNE 20

### Butterflies of WI

*Representative from Beaver Creek*

## THURSDAY, JULY 18

### Tai Chi

*Carol Rudd, LMT, BSW, RRT, Massage Therapist, Qigong Instructor and Lung Health Specialist at Healing Choices Oasis LLC.*

## THURSDAY, AUGUST 15

### Eyes through a Drone

*Doug Riddle, Drone Hobbyist*

## THURSDAY, SEPTEMBER 19

### Brain Games

*Angela Kjelberg, COTA/L Director of Marketing-Western WI, Care Partners Assisted Living, LLC, Country Terrace of Wisconsin, Inc.*

## THURSDAY, OCTOBER 17

### Living Mindfully

*Amy Segerstrom, MS, LPC, Coordinator of The Healing Place: Center for Life's Journeys, a program of HSHS Sacred Heart Hospital in Eau Claire WI*

## THURSDAY, NOVEMBER 21

### Painting with Friends

*Angela Kjelberg, COTA/L Director of Marketing-Western WI, Care Partners Assisted Living, LLC, Country Terrace of Wisconsin, Inc.*

*Add a little SASS  
in your life!*

Registration is required, call 715-834-1338.  
Light refreshments from 3-4 p.m. and door prize drawings.





## Rehab and Nursing Homes

	Total Beds	Medicare	Medicaid	Daily Cost Range	Respite Care	Hospice Contract	Respiratory Care	IV Therapy	Palliative/End-of-Life Care	Transportation Services
<b>Augusta Health and Rehabilitation</b> 715-286-2266	50	Yes	Yes	Call	Yes	Yes	Yes	Yes	Yes	Yes
<b>Chippewa Manor Nursing &amp; Rehabilitation</b> 715-723-4437	60	Yes	Yes	Call	Yes	Yes	Yes	Yes	Yes	Yes
<b>Dove Healthcare-Bloomer</b> 715-568-9770	50	Yes	Yes	Call	Yes	Yes	Yes	Yes	Yes	Yes
<b>Dove Healthcare-Osseo</b> 715-597-2493	40	Yes	Yes	Call	Yes	Yes	Yes	Yes	Yes	Yes
<b>Dove Healthcare-Rice Lake</b> 715-234-2604	50	Yes	Yes	Call	Yes	Yes	Yes	Yes	Yes	Yes
<b>Dove Healthcare-South Eau Claire</b> 715-552-1035	34	Yes	Yes	Call	Yes	Yes	Yes	Yes	Yes	Yes
<b>Dove Healthcare-West Eau Claire</b> 715-552-1030	110	Yes	Yes	Call	Yes	Yes	Yes	Yes	Yes	Yes
<b>Dove Healthcare-Wisconsin Health &amp; Regional Vent Center</b> 715-723-9341	77	Yes	Yes	Call	Yes	Yes	Yes	Yes	Yes	Yes
<b>Oakwood Health Services</b> 715-833-0400	68	Yes	Yes	Call	Yes	Yes	Yes	Yes	Yes	Yes
<b>Wisconsin Veterans Home at Chippewa Falls</b> 715-720-6775	72	Yes	Yes	Call	Call	Yes	Yes	Yes	Yes	Yes
<b>Wisconsin Veterans Home at King</b> 715-256-5027	721	Yes	Yes	Call	Yes	Yes	Yes	Yes	Yes	Yes

The Helping Hands Guide does its best to put together the most accurate information for these listings. Because business services change and prices vary throughout the year, we recommend that you call any business you are interested in getting information from before making any decisions. We tried our best to gather all of the information from each company and to the best of our ability is up-to-date as of February 2019.





www.chippewamanor.com

# Chippewa Manor

## Residential Living

756 Irvine St., Chippewa Falls, WI

### Senior Apartments & Flexible Assisted Living

- ▶ Flex on/off Assisted Living Services from month to month as needed
- ▶ Spacious 1- and 2-bedroom apartments
- ▶ Full-size kitchen appliances in every apartment
- ▶ Convenient location (near from HWY 53 bypass)
- ▶ Access to a Registered Nurse 24/7
- ▶ Chef prepared, restaurant-style meals & fine dining
- ▶ Full-time Concierge to assist tenants and families
- ▶ Large chapel and professional salon with full-time chaplain and cosmetologist
- ▶ Active community - daily activity options

*Start your families search for peace of mind senior living today!*



*For more info or to schedule a private tour call (715) 723-4437.*

### REFRESH YOUR DRIVING SKILLS



**Take the AARP Smart Driver<sup>™</sup> classroom course and you could save money on your car insurance!\***

- Refresh your driving skills and know the new rules of the road.
- Understand the importance of proper maintenance of your vehicle.
- Learn research-based driving strategies to help you stay safe behind the wheel.

#### CLASSROOM COURSE

\$15 for AARP members  
\$20 for non-members

#### TO FIND A COURSE

Call 1-877-846-3299  
or visit [www.aarp.org/findacourse44](http://www.aarp.org/findacourse44)

Also Contact Neil McCallum  
[aarpwistatecoord@gmail.com](mailto:aarpwistatecoord@gmail.com)

**TOYOTA** This program is supported by a generous grant from Toyota to AARP Foundation.

\*Upon completion you may be eligible to receive an auto insurance discount. Other restrictions may apply. Consult your agent for details.

**AARP**  
Driver Safety

**Do you want to help serve your Community?**

## BECOME AN AARP DRIVER SAFETY VOLUNTEER



Become part of the safe-driving solution in your community. Join AARP Driver Safety as a volunteer to help organize and teach classroom courses in your local community centers, libraries, hospitals, senior centers and other venues near you! Many opportunities are available depending on your interests: course instructor, volunteer leader, marketing & recruitment specialist, data manager or tech advisor. You'll feel good about helping others while making your community safer.

**Join almost 5,000 AARP Driver Safety volunteers nationwide!**

Volunteer today:  
**[aarp.org/adsvolunteer](http://aarp.org/adsvolunteer)**

¡Necesitamos voluntarios bilingües que hablan español!

**AARP**  
Driver Safety

**TOYOTA**  
This program is supported by a generous grant from Toyota to AARP Foundation.

All AARP Driver Safety volunteer positions are unpaid. However, volunteers are reimbursed for approved, program-related, out-of-



# St. John's Apartments



**715-834-6302**

Request an application or  
schedule a showing.

815 Chapin Street  
Eau Claire, WI

**Stjohnhousing.com**



Rent is 30%  
of adjusted  
income through  
HUD section 8



*We provide a  
warm heart and a  
helping hand!*

The **Wisconsin Veterans Home at King** is a short and long term care facility serving veterans and their eligible dependents. We offer excellent medical and nursing care to enhance quality of life. Residency requirement has been lifted and we do not have a waiting list. Call us at 715.256.5027 for a tour.

## Discover everything King can offer you:

- Physician
- Dentist
- Physical, Occupational, and Speech Therapy
- Lab and X-ray
- Social Workers and Pastoral Care
- Movie Theater
- Bowling Alley
- Library
- Theater
- Veterans Café
- Numerous Outings/Sponsored Events
- Numerous Gatherings
- Activities on Camp

**N2665 County Road QQ | King, WI 54946**  
**715.258.5586 | 888.458.5586 | www.WisVets.com**



# Lake Hallie Memory Care

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**LakeHallieMemoryCare.com**





***We Offer:***

**HUD Subsidized Rent for Persons 55 or over  
experiencing Low Income OR Persons Who  
Are Experiencing Handicaps**

- ♦ Income Based Rents
- ♦ No Asset Limits
- ♦ Rents Based on 30% of Income
- ♦ Heat, Garbage, Water and Sewer included
- ♦ On-Site Beauty Salon
- ♦ Tenant Driven Activities
- ♦ Emergency Pull Stations in Every Apartment with Direct Link to City Fire and Ambulance
- ♦ Community Room
- ♦ On-Site Manager and Maintenance
- ♦ Coin Operated Laundry Facilities
- ♦ Bus Stop Nearby
- ♦ Card Access Security Entrances
- ♦ Off Street Private Parking
- ♦ Vending Machines
- ♦ Pets Allowed With Restrictions

**901 South Farwell Street—Eau Claire WI**

For applications, contact the Housing Authority of the City of Eau Claire (715) 839-4943

**Tours Available—Call for Appointment (715) 839-8602**

**Handicapped accessible apartments available**





# *— A Private Nurse for You —* **SAFE & COMFORTABLE**



## **SAFE, IN CONTROL, AT HOME**

When your parents or loved ones need care you cannot provide, a private nurse from Appeal to Heaven will be there for you. Our mission is to keep clients safe and comfortable at home, where they want to be.

## **EXACTLY THE CARE YOU NEED...**

Health needs may change abruptly or over time. A personal nurse has the skills and expertise to modify services seamlessly, working with you to deliver respectful care and value.

## *Your nurse will :*

- Customize care
- Assess for changes
- Manage medicines
- Attend appointments
- Work with doctors
- Oversee other care

*Appeal to Heaven Independent Nurses' Network connects you with a trusted professional nurse, to meet ALL of your care needs.*

# Briarwood Cottages

## LUXURY HOUSING



Nestled in a quiet country setting, Briarwood Cottages includes many features you would expect to find in your own home or neighborhood, such as:

- Attached Garages & Openers
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- Washer/Dryer Hookups in Units
- Some Walk In Closets
- Appliances Including Stove, Refrigerator & Dishwasher
- Cable Hookups in Every Room
- Garbage Disposal
- Oak Cabinets
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- Air Conditioning
- Plush Carpeting
- Stylish Window Treatments
- Heat, Water, Sewer & Garbage Included
- Lawn Care & Snow Removal

### Specialty Management, LLC

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Eau Claire, WI 54701

For more  
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private showing  
**Call 715-831-2128**

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ONE BEDROOM  
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1,039 SQUARE FEET



TWO BEDROOM DELUXE  
1,062 SQUARE FEET



Briarwood Cottages ensures the highest standard of independent apartment living for individuals 55 and older.