2019 ROCK COUNTY SENIOR FAIR

Harvesting Good Health

Friday, September 20, 2019
9:00am to 2:00pm

Holiday Inn Express
3100 Wellington Place | Janesville, WI

OVER 80 LOCAL AGENCY & BUSINESS BOOTHS!

Free Parking | Health Screenings | Fun Photo Booth
Pneumonia, Flu & Shingles Shots | "RX Roundup" Prescription Disposal
BRING used eyegasses for the Lions Club
BRING a nonperishable food item for ECHO
BRING old/unused medications/prescriptions for safe disposal
BRING your personal papers for shredding!
Shredding services offered by Office Pro.

★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★

FREE WORKSHOPS

9:30 am - Meditation and Chocolate
10:45 am - Yoga Accessible for All | 12:00 pm - Boost Your Brain

@RockCountySeniorFair

Thank you to our generous sponsors:

Great Pumpkin Sponsor

Michael Santucci Physicians Mutual®

Gold Sponsors

Mercyhealth — A passion for making lives better.
AZURA MEMORY CARE
Cedar Crest
SSMHealth St. Mary's Hospital JANESVILLE
THE ALDEN NETWORK — Short-Term Rehabilitation & Health Care
HUNTINGTON PLACE — FIVE STAR SENIOR LIVING

Amber Sponsors

BELOIT SENIOR LIVING
MILTON SENIOR LIVING
Oak Park place
Humana

Hospitality Sponsor

tmg — Let's clear the path ahead.

This event is sponsored by the Rock County Community Partnerships for Older Adults Committee, Senior Fair Committee

COME SEE US AT THE FAIR!

DELAVAN
HEALTH SERVICES

Leslie Roanhouse
Market Liaison
Cell: 262-374-2514

RESPITE STAYS NOW AVAILABLE!

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VA Contracted

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At SSM Health St. Mary's Hospital - Janesville, the Mako® Robotic-Arm Assisted Surgery System allows your surgeon to treat your specific knee and hip condition with improved accuracy and precision. During surgery, the robotic arm guides your surgeon in preparing your sockets and positioning implants. Additionally, real-time information and images allow your surgeon to provide accurate implant placement, leading to a more predictable surgical experience.

For more information, visit ssmhealth.com/onthemove. Or to schedule an appointment, call 844-201-STEP (7837).

SSMHealth
St. Mary's Hospital
JANESVILLE

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Agrace HospiceCare

2901 N. Wright Road
Janesville, WI

agrace.org
(608) 755-1871

1890

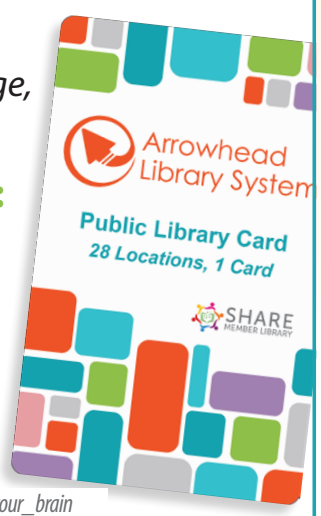
BRAIN HEALTH IS GOOD HEALTH

Evidence indicates the following may help reduce the risk of cognitive decline:*

TAKING A CLASS:
Gale Courses, Transparent Language, or LinkedIn Learning (Lynda.com)

INTERACTING WITH OTHERS:
Volunteer, attend events

CHALLENGING YOURSELF:
Craft programs, check out jig-saw puzzles, games, crosswords, and more



*https://www.alz.org/help-support/brain_health/10_ways_to_love_your_brain

GET A FREE LIBRARY CARD!
Bring ID & proof of address to any local library.

Arrowhead Library System

BELOIT | CLINTON | EDGERTON | EVANSVILLE
JANESVILLE | MILTON | ORFORDVILLE
More information at: http://als.lib.wi.us

COME SEE US AT THE FAIR!

Your Family is Our Family

Our professional care teams, each led by a Registered Nurse, deliver expert, compassionate, and personal care.

- **BrightStar!** Serving people of all ages in Rock County for over 10 years.
- **BrightStar!** A reputation that provides our families with Peace of Mind.
- **BrightStar!** Care by Certified Nursing Assistants supervised by a Registered Nurse.
- **BrightStar!** Accredited by the Joint Commission.

Ask about our BrightStar Dementia Connections Progam!

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BrightStar Care®
HOME CARE | MEDICAL STAFFING
A Higher Standard

Accredited by the Joint Commission Bonded and Insured

BRIGHTSTARCARE.COM

Where do I turn?
How do I handle this situation?
Who can I talk to?

We're here to help.

Alzheimer's & Dementia Alliance OF WISCONSIN

Offering local programs and services.

Contact your local Rock County Dementia Outreach Specialist
(608) 313-3335

Visit **alzwisc.org** to learn more.

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Stoughton Hospital

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- Surgical Survices
- Transitional Care-Swing Bed

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Blue Cross Blue Shield, Cigna, Dean Health Plan, Humana, Quartz, United Healthcare and more.

stoughtonhospital.com

Wisconsin SMP

Empowering Seniors To Prevent Healthcare Fraud

Come visit us at the Fair!

Toll-free Helpline:

888-818-2611

Fax: 866-813-0974 | Email: smp-wi@gwaar.org | WisconsinSeniorMedicarePatrol

gwaar.org/senior-medicare-patrol

▶ Senior Medicare Patrols (SMPs) empower and assist Medicare beneficiaries, their families, and caregivers to prevent, detect, and report health care fraud, errors, and abuse through outreach, counseling, and education.

SMPs are grant-funded projects of the federal U.S. Department of Health and Human Services (HHS), U.S. Administration for Community Living (ACL).

▶ Call us with questions about billing errors, scams and medical identify theft.

GWaar
Greater Wisconsin Agency on Aging Resources, Inc.

www.gwaar.org

Call us or visit our website to sign-up for our quarterly newsletter, periodic fraud alerts, and to learn about volunteer opportunities

COME SEE US AT THE FAIR!

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Trusted care that travels
from our home to yours.

Home Health | Palliative Care | Hospice
Medical Equipment | Infusion Pharmacy
Community Health

From home care after an injury or surgery to medical equipment deliveries and hospice, SSM Health at Home can provide the care you need to remain at home.

Come out and see us at the Rock County Senior Fair and learn how we can help.

800-924-2273 or ssmhealthathomeWI.com

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Physicians Mutual Insurance Company can **SAVE you MONEY** on your Medicare Supplement premiums!

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PMA3544

COME SEE US AT THE FAIR!

My Choice Family Care

Committed to Your Independence

www.mychoicefamilycare.org

CUSTOM LONG-TERM CARE PLANS DEVELOPED WITH YOU, FOR YOU

My Choice Family Care is a managed care organization committed to a better kind of healthcare for people who need it most - seniors, adults with disabilities, and the family and friends who support them.

We are a team of professional and community-based caregivers working with Wisconsin's Family Care program to deliver custom services that put members in charge of their health and independence.

Please stop by our booth and see us at the Senior Fair!

Reach us at 608-743-9230

For more information on the Family Care program, call your local ADRC.

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To qualify, users need:

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- Internet connection
- Landline telephone service

Tom Slattery, your local Outreach Educator, works within your community to help anybody who needs this phone gain access to the program.

Tom Slattery, 262-409-9370
tom.slattery@oeius.org

REQUIREMENTS: Hearing Loss, High Speed Internet, Dial-tone. No-Cost Phone with valid third-party certification is subject to change without notice. Terms and conditions may apply. FEDERAL LAW PROHIBITS ANYONE BUT REGISTERED USERS WITH HEARING LOSS FROM USING INTERNET PROTOCOL (IP) CAPTIONED TELEPHONES WITH THE CAPTIONS TURNED ON. IP Captioned Telephone Service may use a live operator. The operator generates captions of what the other party to the call says. These captions are then sent to your phone. There is a cost for each minute of captions generated, paid from a federally administered fund. No cost is passed on to the CapTel user for using the service. CapTel captioning service is intended exclusively for individuals with hearing loss. CapTel® is a registered trademark of Ultratec, Inc. The Bluetooth® word mark and logos are registered trademarks owned by Bluetooth SIG, Inc. (v1.5 7-18)

Care for your loved one.
Comfort for you.

Mercyhealth Hospice supports the physical, emotional, and spiritual needs of patients and their loved ones. When tomorrows aren't promised, every moment counts. Our comprehensive, expert team is backed by the full resources of Mercyhealth and provides unique, holistic comfort services so patients can focus on the moments that matter most. Seeing an old friend. Meeting a new grandchild. Spending holidays with family. Making the most of every moment.

From our home to yours, Mercyhealth's hospice team helps you make the most of every moment. **To learn more about Mercyhealth Hospice, visit athome.mercyhealthsystem.org.**

Mercyhealth® Hospice